

Translational Science of Alcohol & HIV

HSC6935 | 2 Credits | Spring 2024

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Course Info

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OFFICE HOURS By appointment.

LOCATION CTRB 4240C

TIME Thursday 11:00 AM – 12:35 PM

COURSE DESCRIPTION

The purpose of HSC 6835/PHC 6937 is to acquaint students with topics regarding alcohol and HIV. The course format will include lectures, guest presentations, videos, written syntheses of readings by students, and student-initiated discussions. Dr. Hone directs the course and will deliver modules on alcohol and HIV, and several guest presenters will be featured to present on alcohol, HIV, or both.

PREREQUISITE KNOWLEDGE AND SKILLS

No prerequisites.

REQUIRED AND RECOMMENDED MATERIALS

There is no required textbook. Instead, readings will be posted regularly on CANVAS. There will be a variety of readings, including academic journal articles, NIAAA core resources, and CDC fact sheets. All students will need to view documents in Adobe Acrobat (you can download a free version).

COURSE FORMAT

All readings and assignments are due before class on Thursdays (note some discussions are due at noon Tuesday). We will meet once per week from 11:00 AM until 12:35 PM for in-person discussions. There will be differences in this format week-to-week, including active learning, presentations by expert guest lecturers, SHARC Research Seminars, and the SHARC Conference. Typically, we will have a guest lecture from 11:00 – 11:45 (45 min). Then, we will cover an Alcohol and an HIV Module from 11:50 – 12:35 (45 min). Some of our meetings are planned to overlap with SHARC Research Seminars from 11:00 – 12:00 (marked in red on the schedule below if applicable). In these cases, we will attend the seminar at CTRB 2161. Then, you will either join the speaker for lunch or meet briefly with me for our Alcohol/HIV Module discussion.

COURSE LEARNING OBJECTIVES:

Upon completion of two semesters of this course, students are expected to successfully:

- Discuss topics related to alcohol, HIV (broadly speaking, including prevention, treatment, related phenomena such as cognitive effects and co-morbidities), relationships between alcohol and HIV, relevant research methods, research ethics, and professional development.
- Evaluate the latest science on alcohol, HIV, relationships between HIV and alcohol, and relevant research methods. The science presented/discussed will include research from the following disciplines: Epidemiology, public health, psychology, health education & behavior, pharmacology, biology, and nursing.
- Compare and contrast opposing research evidence regarding the topics above.

Requirements

OVERVIEW

All SHARC T32 trainees are required to pass two semesters of this course. To pass the course, you must attend a minimum of 12 lectures (for at least 60 minutes) AND submit a minimum of 12 assignments (quality will be considered). As described below, pass/failure will be based on attendance, assignments, and participation.

ATTENDANCE

Attendance at all lectures is required. A sign-in sheet will be circulated each class.

ASSIGNMENTS (YELLOWDIG)

Articles associated with each lecture will be posted on Canvas. Every Tuesday by noon, participants will read the guests' articles and module materials, and create a new post on Yellowdig—not a summary but something that you found interesting or surprising about it. The post does not have to be lengthy. A strong paragraph will do. Then, every Thursday before class starts, participants will comment on the posts of at least two classmates. These should be substantive comments, not just “great comment.” For full credit, you must demonstrate an understanding of peer comments by providing comparisons or contrasting viewpoints by deadlines. No points will be given for low-quality or late comments. Your pass/failure will be based on the consistency with which you adhere to this process and provide quality posts and comments, along with your contribution to in-person discussion during the lecture. If anyone's comments show a trend toward being below expectations, Dr. Hone will provide private feedback. The goal is to have great discussions about our lectures and associated readings, not to scrutinize you for a grade. Remember: Initial posts will be due on Tuesdays at noon the week of the corresponding class. All comments will be due on Thursdays before class.

PARTICIPATION

Spirited discussion is an integral part of a successful class; thus, frequent, active participation in class discussions will be reflected in your pass/failure. Your class participation will be based on the instructor's general evaluation of your contribution to the class.

Course & University Policies

PERSONAL CONDUCT POLICY

Students are expected to exhibit behaviors that reflect highly upon themselves and our University. UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that violate this code and the possible sanctions. Furthermore, you must report any condition that facilitates academic misconduct to the appropriate personnel. Please consult the instructor or TA in this class if you have any questions or concerns.

MAKE-UP POLICY

A student experiencing an illness should visit the UF Student Health Care Center or their preferred healthcare provider to seek medical advice and obtain documentation. If you have an illness, family emergency, or death, please contact the Dean of Students Office (www.dso.ufl.edu) and follow the DSO Care Team procedures for documentation and submission of a request for make-up assignment (<https://care.dso.ufl.edu/instructor-notifications/>). The DSO will contact the instructor. Do not provide any documentation to the instructor regarding illness or family emergency. This is your personal and protected information. The DSO is qualified to receive and verify the documents you provide. The instructor will follow the recommendations from the DSO. Requirements for class attendance and make-up exams, assignments, and other work in this course will be consistent with university policies that can be found in the online catalog at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

ACCOMMODATING STUDENTS WITH DISABILITIES

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the Disability Resource Center by visiting their Get Started page at <https://disability.ufl.edu/students/get-started/>. Students must share their accommodation letter with their instructor and discuss their access needs as early as possible in the semester.

COURSE EVALUATIONS

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback professionally and respectfully is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

COPYRIGHT POLICY

The materials used in this course are copyrighted. The content presented is the property of UF and may not be duplicated in any format without permission from the College of Health and Human Performance and UF and may not be used for any commercial purposes. Content includes but is not limited to syllabi, videos, slides, quizzes, exams, lab problems, in-class materials, review sheets, and additional problem sets. Because these materials are copyrighted, you do not have the right to copy or distribute the course materials unless permission is expressly granted. Students violating this policy may be subject to disciplinary action under the UF Conduct Code.

DISCLAIMER

This syllabus represents the objectives and tentative plans for the course. As we go through the semester, those plans may need to change to enhance the class learning opportunity. Such changes will be communicated, are common, and should be expected.

Getting Help

HEALTH & WELLNESS

- U Matter, We Care: umatter@ufl.edu 352-392-1575
- Counseling and Wellness Center: counseling.ufl.edu 352-392-1575
- Sexual Assault Recovery Services: 352-392-1161
- University Police Department: police.ufl.edu 352-392-1111

ACADEMIC RESOURCES

- E-learning Technical Support: lss.at.ufl.edu/help.shtml 352-392-4357
- Career Connections Center: 352-392-1601
- Career Assistance and Counseling: career.ufl.edu
- Library Support: cms.uflib.ufl.edu/ask
- Teaching Center: teachingcenter.ufl.edu 352-392-2010 or 352-392-6420
- Writing Studio writing.ufl.edu/writing-studio/ 352-846-1138
- On-Campus Student Complaints: sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/
- On-Line Students Complaints: distance.ufl.edu/student-complaint-process/

CIVILITY, ACCESSIBILITY, AND COMMUNITY RESOURCES

Inclusion is one of UF's six core values and it is the connective tissue that unites these values in common purpose. The Office of the Chief Diversity (CDO) works in concert with other key offices on campus to ensure that inclusion and a sense of belonging are realized for all members of the Gator Nation. www.cdo.ufl.edu/

Grading

Overview

Attendance and Assignments (Yellowdig) will be tracked in CANVAS. More detailed information regarding current UF grading policies can be found here: <https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/>. Any requests for additional extra credit or special exceptions to these grading policies will be interpreted as an honor code violation (i.e., asking for preferential treatment) and will be handled accordingly.

GRADE BREAKDOWN

Evaluation Components (# of each)	Points Per Component	Approximate % of Total Grade
Attendance (14)	1 pt each = 14 pts	14/30 = 47%
Assignments/Yellowdig (13)	1 pt each = 13 pts	13/30 = 43%
Participation (3)	3 pts	3/30 = 10%

GRADING SCALE

Grade	Points Needed to Earn Each Grade	Percent of Total Points Associated with Each Grade	Impact of Each Grade
Pass	≥24	80.00-100%	2 credits
Fail	<24	0-79.99%	0 credits

Weekly Schedule

Week	Guest/ Alcohol Module	Tasks	Due	Time	Points
Week 1	• Dr. Liana Hone • Introduction • RPPR Compliance/PMCIDs	Class Attendance	Thursday 1/11	11:00AM	1
Week 2	• Dr. Rob Turisi (SHARC Seminar)	Reading & Yellowdig Yellowdig Seminar Attendance	Tuesday Thursday Tuesday 1/16	12:00PM 10:59AM 11:00AM	1 1

	<ul style="list-style-type: none"> • The Basics: Defining How Much Alcohol is Too Much • About HIV 	<u>NOTE TUESDAY DATE</u>			
Week 3	<ul style="list-style-type: none"> • Brandy Stone • Risk Factors: Varied Vulnerability to Alcohol-Related Harm • HIV by Group; HIV Risk and Prevention Estimates 	Reading & Yellowdig Yellowdig Class Attendance	Tuesday Thursday Thursday 1/25	12:00PM 10:59AM 11:00AM	1 1 1
Week 4	<ul style="list-style-type: none"> • Dr. Jeewon Cheong • Neuroscience: The Brain in Addiction and Recovery • Neurological Complications of HIV 	Reading & Yellowdig Yellowdig Class Attendance	Tuesday Thursday Thursday 2/1	12:00PM 10:59AM 11:00AM	1 1 1
Week 5	<ul style="list-style-type: none"> • TBD • Stigma: Overcoming a Pervasive Barrier to Optimal Care (Alcohol) • HIV Stigma 	Reading & Yellowdig Yellowdig Class Attendance	Tuesday Thursday Thursday 2/8	12:00PM 10:59AM 11:00AM	1 1 1
Week 6	<ul style="list-style-type: none"> • TBD • Mental Health Issues: Alcohol Use Disorder and Common Co-occurring Conditions • HIV Treatment and Care: A Focus on Mental Health and Substance Use 	Reading & Yellowdig Yellowdig Class Attendance	Tuesday Thursday Thursday 2/15	12:00PM 10:59AM 11:00AM	1 1 1
Week 7	<ul style="list-style-type: none"> • TBD • Alcohol Use Disorder: From Risk to Diagnosis to Recovery • HIV Testing, Prevention, and Treatment: A Stepwise Approach 	Reading & Yellowdig Yellowdig Class Attendance	Tuesday Thursday Thursday 2/22	12:00PM 10:59AM 11:00AM	1 1 1
Week 8	<ul style="list-style-type: none"> • Dr. Chris Delcher (SHARC Seminar) • Screen and Assess: Use Quick, Effective Methods (Alcohol) • HIV Screening 	Reading & Yellowdig Yellowdig Seminar Attendance	Tuesday Thursday Thursday 2/29	12:00PM 10:59AM 11:00AM	1 1 1
Week 9	<ul style="list-style-type: none"> • Dr. Kenneth Sher (Video) • Conduct a Brief Intervention: Build Motivation and a Plan for Change (Alcohol) • Pre-Exposure Prophylaxis (PrEP) 	Reading & Yellowdig Yellowdig No Class Attendance	Tuesday Thursday Thursday 3/7	12:00PM 10:59AM 11:00AM	1 1 1
Week 10	Spring Break	No Class Attendance	Thursday 3/14		

Week 11	<ul style="list-style-type: none"> • Dr. Delores James • Recommend Evidence-Based Treatment: Know the Options (Alcohol) • Post-Exposure Prophylaxis (PEP) 	Reading & Yellowdig Yellowdig Class Attendance	Tuesday Thursday Thursday 3/21	12:00PM 10:59AM 11:00AM	1 1
Week 12	<ul style="list-style-type: none"> • Dr. Jessica Islam (SHARC Seminar) • Make Referrals: Connect Patients to Alcohol Treatment That Meets Their Needs • HIV Treatment 	Reading & Yellowdig Yellowdig Seminar Attendance	Tuesday Thursday Thursday 3/28	12:00PM 10:59AM 11:00AM	1 1
Week 13	<ul style="list-style-type: none"> • TBD • Support Recovery: It's a Marathon, Not a Sprint (Alcohol) • Treatment as Prevention (HIV) 	Reading & Yellowdig Yellowdig Class Attendance	Tuesday Thursday Thursday 4/4	12:00PM 10:59AM 11:00AM	1 1
Week 14	<ul style="list-style-type: none"> • TBD • Medical Complications: Common Alcohol-Related Concerns • AIDS and Opportunistic Infections; Understanding Care 	Reading & Yellowdig Yellowdig Class Attendance	Thursday 4/11		
Week 15	<ul style="list-style-type: none"> • Dr. Derek Satre (CPR Conference) 	Yellowdig Yellowdig Conference Attendance	Tuesday Thursday Thursday 4/18 Friday 4/19	12:00PM 10:59AM	1 1

Compliance

DIFFICULT DIALOGS

UF's Core Values include Freedom & Civility and Inclusion as well as Community, Stewardship, Excellence, and Discovery & Innovation. Underlying all of these is a foundation of academic integrity. In keeping with our values, we expose students to a variety of ideas, some of which may cause tension between those who hold opposing views. People learn best when they are encouraged to ask questions and express their diverse opinions on course content, which may include images, texts, data, and theories from across the disciplines. This is especially true in courses that deal with provocative or contemporary issues. UF offers many such courses, in which students encounter concepts of race, color, sex, and/or national origin. We teach these important issues because understanding them is essential for anyone who seeks to make economic, cultural, and societal contributions to today's complex world. With this in mind,

we do not limit access to, or classroom discussion of, facts, ideas, and opinions—including those that some may find uncomfortable, unwelcome, disagreeable, or even offensive. In response to challenging material, students and instructors are encouraged to ask honest questions and thoughtfully engage one another's ideas. But



hostility, disruptive and disrespectful behavior, and provocation for provocation's sake have no place in a classroom; reasonable people disagree reasonably. These guidelines can help instructors and students as they work together to fulfill the mission of the University of Florida, which includes the exploration of intellectual boundaries, the creation of new knowledge, and the pursuit of new ideas.

INTELLECTUAL AND VIEWPOINT DIVERSITY ACT

Per the House Bill 233 Intellectual and Viewpoint Diversity Act, students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor. A "class lecture" is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session. Publication without permission of the instructor is prohibited. To "publish" means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third-party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.