

**UNIVERSITY OF FLORIDA
COLLEGE OF HEALTH AND HUMAN PERFORMANCE
DEPARTMENT OF HEALTH EDUCATION AND BEHAVIOR**

COMMUNITY AND ENVIRONMENTAL HEALTH SYLLABUS

HSC-3201-28C4
Spring 2024

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Office: FLG 127
Office Hours: **Monday/Wednesday/Friday** 12:30pm-2:00pm
Phone: 352-294-1805

Class Meeting: Monday, Wednesday, Friday: 10:40am-11:30am
FLG 0245

COURSE DESCRIPTION:

The purpose of this course is to introduce the principles of community and public health promotion. The course centers on five major topics: the foundations of community health and community health promotion, demography and epidemiology, community health services and resources, planning community health interventions, and environmental health protection.

REQUIRED BOOKS:

McKenzie, J.E., Pinger, R.R., Seabert, D. M. (2019). *An Introduction to Community Health* (9th ed.). Boston: Jones and Bartlett Publishers. ISBN-13: 978-1284108415.

COURSE OBJECTIVES:

Upon completion of this course, it is expected that the student will:

1. Explain why community health is both a cause and a consequence of history.
2. Discuss factors that affect a community's health.
3. Compare and contrast the contributions of agencies and organizations that influence community health.
4. Apply basic principles of epidemiology to identify and prioritize public health and social problems.
5. Apply basic principles of epidemiology to the control/prevention of public health and social problems.
6. Understand the basic principles of health promotion planning and evaluation.
7. Discuss the importance of school health programs to individual and community health.
8. Explain the impact of environmental conditions on human health and well-being.
9. Apply course concepts to real-life situations and events.
10. Identify key issues in community health in today's society.
11. Synthesize these above concepts by applying them to help address a current community health issue.

METHODS OF INSTRUCTION:

1. Lecture.
2. Discussion.
3. Small Group Activities.
4. Films/Videos/Audiotapes.
5. Skills Practice.
6. Journal/Stress Diary.

COURSE CONTENT:

Unit I Foundations of Community and Public Health

Chapter 1 Community and Public Health: Yesterday, Today, and Tomorrow

Chapter 2 Organizations that Help Shape Community and Public Health

Chapter 3 Epidemiology: The Study of Disease, Injury, and Death in the Community

Chapter 4 Communicable and Noncommunicable Diseases: Prevention and Control of Diseases and Health Conditions

Chapter 5 Community Organizing/ Building and Health Promotion Programming

Chapter 6 The School Health Program: A Component of Community and Public Health

Unit II The Nation's Health

Chapter 7 Maternal, Infant, and Child Health

Chapter 8 Adolescents, Young Adults, and Adults

Chapter 9 Older Adults

Chapter 10 Community and Public Health and Racial/Ethnic Populations

Chapter 11 Community Mental Health

Chapter 12 Alcohol, Tobacco, and Other Drugs: A Community Concern

Chapter 13 Health Care Delivery in the United States

Unit III Environmental Health and Safety

Chapter 14 Community and Public Health and the Environment

Chapter 15 Injuries as a Community and Public Health Problem

Chapter 16 Safety and Health in the Workplace

COURSE REQUIREMENTS:

A. Each student is to:

1. Read all chapters assigned before attending class.
2. Constructively participate in class discussions/activities.
3. Participate in course evaluations.
4. Complete all assignments/exams during assigned dates throughout the semester.

B. Evaluation methods:

Class Participation	5%
Interviews	10%
Examinations	50%

C. The grading scale is as follows:

93%-100% = A
90-92%.99% = A-
87%-89.99% = B+
83%-86.99% = B
80%-82.99% = B-
77%-79.99% = C+
73%-76.99% = C
70%-72.99% = C-
67%-69.99% = D+
63%-66.99% = D
60%-62.99% = D-
0%-59.99% = F

UF Grade Points

A=4.0 A-=3.67 B+=3.33 B=3.0 B-=2.67 C+=2.33 C=2.0 D+=1.33 D=1.0 D-=0.67 F=0

UF's grading policy can be found at

<http://www.registrar.ufl.edu/catalog/policies/regulationgrades.html>.

Grades will not be curved (even if you are 1 point away from the next letter grade). Grades will only change if an error was made in the grading process.

ATTENDANCE POLICY:

University of Florida believes that attendance is essential to success in academic courses. The university believes that learning is an interactive process on the part of the students and it is not just a matter of their passive absorption of information. To benefit fully from their respective courses, students need to participate in and contribute constructively to the classroom experience. In fact, the success of any course depends as much on what students contribute to the class as on what the instructor presents.

Participation, which includes both attendance and engagement, accounts for 10% of your final grade.

Student Athletes: Student athletes are required to provide the instructor with written documentation of away games that are in conflict with classes (especially exams) as early in the semester as possible.

SPECIAL ACCOMMODATIONS:

“Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate

Week 17: Finals 4/29/23 – 5/5/23	<ul style="list-style-type: none"> • <i>Exam 4</i> • <i>4/27/23-5/5/23 (virtual during finals week)</i> 	<ul style="list-style-type: none"> • <i>Exam 4</i> • <i>4/27/23-5/5/23 (virtual during finals week)</i> 	<ul style="list-style-type: none"> • <i>Exam 4</i> • <i>4/27/23-5/5/23 (virtual during finals week)</i>
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ASSIGNMENTS:

Examinations (12.5% each exam for a total of 50%):

You are expected to synthesize and integrate the information presented in class, readings, videos, guest lectures, and other supplemental materials. Exams and will consist of multiple choice, true/false, matching, and fill-in-the-blanks. You have one attempt. Please do not underestimate the need to study and prepare for the exams.

Two Interviews (5% each interview for a total of 10%):

Interview 1

In lieu of a class session (2/19/2021), you are to interview a professional/administrative/volunteer from a community health organization wherever you reside. Five questions will be given to you to ask your interviewee. Considering the pandemic, use your discretion in deciding whether this interview will be held in person or video/telephone. A list of organizations will be given to you; however, your selection is not limited to the list. Instructions on grading will be provided along with the assignment.

Interview 2

In lieu of a class session (4/5/21), you are to conduct an interview in which you explore healthcare professions, what healthcare setting professionals engage in, as well as the necessary skills/competencies for your identified profession. Find a position either in your place of employment or a place of interest. Then schedule an interview with the person who holds that job for approximately 15 minutes. Considering the pandemic, use your discretion in deciding whether this interview will be held in person or video/telephone. A list of questions will be given to you; however, your selection is not limited to the list. Instructions on grading will be provided along with the assignment.

Capstone Paper (35%):

Throughout this class, students learn key theories and concepts related to community and environmental health. In this capstone paper, students will apply these concepts to an important community health issue. Students will identify a community health issue, apply course concepts on how to enact change, suggest routes to community change, and identify potential barriers to change. See detailed description of this assignment posted in Canvas.