

Prospective Internship Site Profile
Department of Health Education & Behavior

Location: Cary NC Date: 07/18/2014
City State

Agency: Verizon

Contact: Erica Rooney

Address: 7000 Weston Parkway Cary NC/27513
Street / PO Box City State / Zip

Phone: 919-377-5777 Fax: 919-377-7370

Email: Erica.rooney@verizon.com Website: _____

What semesters is your agency available to accept interns?

☒ Fall (August – December) ☒ Spring (January – April) ☒ Summer (May – August)

Normal work hours (Please indicate any evening or weekend time commitments):

40 hours a week. Two shifts which intern works a mix of both. 6am - 2pm or 11 am - 7pm. Intent must be flexible to accommodate weekly schedule to what is needed.

Is office space available to interns? ☒ Yes ☐ No

Shared Office

Comments

Is a computer available to interns? ☒ Yes ☐ No

Shared Computer

Comments

Does your agency offer paid or non-paid internships? ☐ Non-paid ☒ Paid (amount): \$10.00/hour

List other benefits your agency offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

n/a

List required purchases for interning with your agency (i.e. parking pass, uniform, etc.)

Clean and professional workout clothes and tennis shoes.

List the required skills or previous experience necessary for interning with your agency.

Background in Health Education, Nutrition, or Exercise Science. Experience with physical activity (personal training, teaching group exercise) a plus.

Special Requirements (i.e. special application, proof of health insurance, immunization, etc.)

Please note: All interns are required to purchase professional liability coverage for \$1,000,000.

CPR and AED Certification required.

List a description of duties your agency expects to be fulfilled by interns. Please include additional literature if desired.

Interns will learn the responsibilities for supporting the overall direction and development of the Health and Wellness programs for employees at Verizon. Interns will support the facilitation of fitness assessments (including health history, height, weight, circumference measurements, body composition, heart rate, blood pressure, submax VO2 testing, flexibility testing, and muscular strength and endurance tests.) Conduct equipment orientations, provide one on one training, nutritional advice, and exercise prescriptions. Help ensure a safe and clean facility by checking equipment, addressing and correcting malfunctions and maintaining an adequate inventory of supplies. Chart member attendance and progress. Support the development of incentive programs and motivation programs. Assist with health promotion activities including seminars, lectures and workshops on a variety of health and wellness topics including nutritional topics, time and stress management and relaxation techniques. Assist with other fitness center programs that could include: flu shots, wellness massages, health screenings, blood drives, body composition and blood pressure checks, and charitable events.

List any important information about your agency.

There are 47 H&W Centers nation-wide that take interns

Would you like to be added to the Department's list of approved sites for future interns? ☒ Yes ☐ No

FOR OFFICE USE ONLY: CONTRACT ON FILE: _____

Approval of Intern Coordinator: MMaid Date: _____

Approval Expiration Date: 8- 2016