



## United Planet Virtual Internship & Volunteer Quest Program

### About United Planet

United Planet is a non-profit organization with a mission to create a global community, one relationship at a time. Established in 2001, United Planet offers personalized, immersive, international experiential learning, service-learning, volunteer, and internship experiences to an extensive network of partners in more than 30 countries. Volunteers and interns have helped address important global issues while broadening cross-cultural understanding, developing leadership and other 21st century skills, building bridges across divides, and forging cohesive and productive cross-border relationships.

### Program Summary

United Planet will work closely with the interns and volunteers. United Planet will provide virtual placements as an opportunity for participants to gain insight into fields of interest while learning about local organizations and their missions and challenges.

Interns and volunteers will meet one or more staff members from the local organization during each week to discuss projects and tasks to be completed. Interns and volunteers will work independently, per their hour-per-week commitment, to help fulfil goals and projects outlined by the host organization.

Interns and volunteers will have the option to join biweekly training sessions (45 minutes to 1 hour per week) that cover United Planet's Five Pillars of Global Citizenship model. Students that complete these extra sessions will also receive United Planet's Certificate in Global Citizenship. All students will receive a Reference Letter of Participation for their commitment to the virtual quest. These sessions will be also recorded so that students who are not able to join the live training can listen in on the information.

### Program Locations

Costa Rica, Ecuador, Mali, South Africa, Nepal, Honduras, the Philippines, Peru, Kenya, and more!

### Areas of Focus

Healthcare, Public Health, NGO Management, Fundraising, Marketing, Global Relations, Social Entrepreneurship, Hospitality, Sustainability, etc.



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## **Project Examples**

### **Startup Accelerator (Turkey)**

Assist a Startup Accelerator in Turkey that aims to mentor and support aspiring entrepreneurs. Help develop and create a team/mentor tracker platform and promote the organization to expand reach and mentorship capabilities.

### **Sea Turtle Conservation Program (Costa Rica)**

Support a science-based sea turtle conservation project along Costa Rica's coast, a crucial nesting ground for 4 major turtle species. The organization tries to increase the amount of sea turtle hatchlings in order to give higher survival rates. The main goal is to assist in the recovery of sea turtle populations.

### **Community Empowerment Through Development (Mali)**

Support rural community development initiatives, focused on empowerment. Target groups include adolescents, farmer communities, and women's groups. Main community development projects include access to drinking water, promotion of primary health care, protection of children and schools, safeguarding the local environment, and promoting the inclusion of women.

### **Education and Youth Development (India)**

Assist a local youth center which provides quality service to children between the ages of 3 and 7 years who come from families in extreme poverty. The teaching methods are based on the constructivist methodology and promotes equality and develops core values for personal development.



## Potential Roles

- Program/Project Support: Research, Project Design, Project Management, Monitoring & Evaluation
- Advocacy & Awareness Campaigns
- Volunteer Management
- Marketing & Communications Digital Marketing, Social Media, Writing, Content Management, SEO, Graphic Design, Public Relations
- Preventative Healthcare
- Administrative Support
- Technical Support: Webmaster, WordPress, Programming
- Strategy
- Partnership Development
- Finance/Accounting
- Grant Writing
- Fundraising
- Teaching/Mentoring (Language, Music, Art, Business Skills, STEM)



## Course Credit

In collaboration with Portland State University and [Dr. Christine Cress](#), *interns* may receive undergraduate or graduate level credit for their virtual experience. Upon consulting with a United Planet Program Coordinator, interns will receive a personalized project placement based on their learning objectives. Interns are responsible for registering as a PSU Non-Degree Applicant (\$25 registration fee) for undergraduate (409) or graduate (509) level credit. The number of actual credits earned is contingent upon the duration of the internship and intensity of the academic learning outcomes to be arranged in advance with Dr. Cress. Normally, one credit is equivalent to 30 hours of serving and learning engagement per academic term. Interns are responsible for paying PSU Tuition and Fees: \$550 for 1 undergraduate (409) credit or \$605 for 1 (509) graduate credit.

Alternatively, interns may receive university course credit for their online or in-person internship with United Planet through our School of Record, Portland State University. Interns must verify with their home university program whether credits will be accepted and are responsible for transfer paperwork and procedures. Interns will be enrolled at PSU to receive the university course credit from United Planet and Portland State University. The cost to receive university course credit through Portland State University as a School of Record is \$895. This cost is per student, not per credit. The cost of the course credit is in addition to the United Planet Program Fee. Interns will be invoiced accordingly.



**United Planet Global Citizenship Training Program**

<p><b>21st Century Skills:</b>          Learning Skills (Communications, Creativity, Collaboration, Critical Thinking) Literacy Skills (Information, Media, Technology) Life Skills (Flexibility, Leadership, Initiative, Productivity, Social)</p>	<p><b>Five Pillars of Global Citizen Leadership:</b>          Communications, Leadership, Understanding, Engagement, and Development of Career/Academic Skills</p>
<p><b>Five Pillars of Global Citizenship Training</b></p>	<p><b>Learning Outcomes</b></p>
<p><b>Relational Diplomacy (Cultural Communication)</b></p>	
<p>Topic: Cross-Cultural Communications          Topic: Effective Communications &amp; Collaboration Strategies          Topic: Communications in X Country</p>	<p>Relational Diplomacy, Mediation, Conflict Resolution, Bridge-building, Partnership Development, Relationship Competencies (cooperation, mutual respect, understanding), Global Community Values, Collaboration, Written and oral communications skills, presentation and small group communications, interpersonal skills, empathy.</p>
<p><b>Global Leadership</b></p>	
<p>Topic: Critical Thinking &amp; Problem-Solving          Topic: Change Model of Leadership          Topic: Achieving Goals (GROW Model)          Topic: Creativity &amp; Innovation</p>	<p>Individual Values (Consciousness of Self, Congruence, Commitment), Ethics and Integrity, Group Values (Collaboration, Common Purpose, Controversy with Civility, Empowerment, Inclusion, Diversity, and Process), Societal/Community Values (Citizenship, Ethics, Systems, Diversity), Collaboration (Relational ways of leading), Leadership Styles (Cultural meaning of authority and power).</p>
<p><b>Cultural Understanding</b></p>	
<p>Topic: Cross-Cultural Adaptation          Topic: All about Ecuador (Cultural and Country Insights)</p>	<p>Cross-Cultural Awareness, Geographical, Socio-Political/Historical Topics, Global and Regional Challenges/Issues &amp; Opportunities, Communications - Intercultural and Language Skills, Empathy &amp; Respect, Issue Identification and root causes.</p>



<b>Civic Engagement</b>	
Topic: Entrepreneurship in Solving Global Challenges Topic: Project Management Topic: Effective Time Management	Civic Leadership Role Models, Creative Problem-Solving & Reflection, Service, Reciprocity & Resiliency
<b>Development of Career and Academic Skills</b>	
Topic: In-country/Global Presentation by Area Expert Topic: Healthcare Challenges in Specific Locations Topic: Educational Challenges in Specific Locations Topic: Environmental Challenges in Specific Locations Topic: Sustainable Development Goals	College and Career related academic and professional competencies identified in collaboration and personal interviews.

**Program Fees**

**United Planet Program Fee**

1 Month	2 Months	3 Months	4 Months	5 Months	6 Months
<b>\$800</b>	<b>\$1100</b>	<b>\$1400</b>	<b>\$1700</b>	<b>\$2000</b>	<b>\$2300</b>

PSU Tuition and Fees added as an additional amount.

<https://www.unitedplanet.org/volunteer-abroad/intern-abroad>

For more information, please visit:

<https://www.unitedplanet.org/virtual-internships-virtual-volunteering>

Or contact a Program Coordinator at <https://www.unitedplanet.org/contact>