

CURRICULUM VITAE

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EDUCATION

Ph.D.	University of Maryland, College Park, MD Nutrition	2006
M.S.	The Ohio State University, Columbus, OH Human Nutrition	1998
R.D.	Post Graduate Dietetic Internship The Ohio State University, Columbus, OH	1997
B.S.	The Pennsylvania State University, University Park, PA Applied Nutrition	1996

REGISTRATION & FELLOW DESIGNATIONS

1998-present	Registered Dietitian, Commission on Dietetic Registration Academy of Nutrition and Dietetics #846167
2021-present	Fellow of the Academy of Nutrition and Dietetics
2025-present	Excellence in Nutrition Fellow of the American Society for Nutrition

ACADEMIC AND PROFESSIONAL EXPERIENCE

8/18-present	Associate Professor with Tenure , Department of Health Education & Behavior, University of Florida, Gainesville, FL
8/18-present	Director , Nutrition Education and Behavioral Science Research Lab, Department of Health Education & Behavior, University of Florida
8/18-1/20	Academic Specialist , Courtesy Appointment, Department of Nutritional Sciences, University of Connecticut, Storrs, CT
8/17-8/18	Associate Professor with Tenure , Department of Nutritional Sciences, University of Connecticut, Storrs, CT
8/11-7/17	Assistant Professor , Department of Nutritional Sciences, University of Connecticut, Storrs, CT

8/06-8/11	Clinical Assistant Professor and SNAP-Ed Extension Specialist Department of Foods and Nutrition, Purdue University, West Lafayette, IN
8/02-1/06	Nutrition Scientist - Contractor, National Institutes of Health Office of Dietary Supplements (ODS), Bethesda, MD
8/02-6/05	Graduate Teaching Assistant Dept of Nutrition and Food Science, University of Maryland, College Park, MD
6/03-8/04	Lecturer Dept of Nutrition and Food Science, University of Maryland, College Park, MD
10/00-8/02	Nutrition Communication Manager/Public Relations Manager American Dairy Association & Dairy Council Mid East, Columbus, OH
5/01-12/01	Research Assistant , Bone Mass and Nutritional Status of Children with Fracture Study, The Ohio State University Bone and Mineral Metabolism Lab, Columbus, OH
7/98-10/00	Nutrition Communication & Program Coordinator American Dairy Association & Dairy Council Mid East, Columbus, OH
5/97-9/97	Graduate Research Associate Department of Human Nutrition, The Ohio State University
5/97-8/97	Graduate Research Associate Women's Health Initiative (WHI) Research Study, The Ohio State University
9/96-6/97	Graduate Teaching Associate Department of Human Nutrition, The Ohio State University
9/95-5/96	Nutrition Counselor Nutrition Clinic, The Pennsylvania State University
9/94-5/96	Nutrition Peer Educator HealthWorks Peer Education Program, The Pennsylvania State University
9/95-5/96	HealthWorks Peer Educator Trainer HealthWorks Peer Education Program, The Pennsylvania State University

AFFILIATIONS AND SPECIAL APPOINTMENTS

7/22-present	Associate Editor , Journal of Nutrition Education and Behavior
5/19-present	Graduate Program Coordinator , Department of Health Education and Behavior, University of Florida, Gainesville, FL
1/19-present	Affiliate , Anita Zucker Center for Excellence in Early Childhood Studies, University of Florida, Gainesville, FL

9/11-12/19	Principal Investigator , Institute for Collaboration on Health, Intervention, and Policy (InCHIP), University of Connecticut, Storrs, CT
2/16-12/19	Affiliate , Rudd Center for Food Policy & Obesity, University of Connecticut
1/16-present	Affiliate , Collaboratory on School and Child Health, University of Connecticut
12/14-8/18	Affiliate , Center for Environmental Health and Health Promotion, University of Connecticut, Storrs, CT
9/10-8/11	Faculty Associate , Center on Aging and the Life Course, Purdue University
4/07-8/11	Director , Indiana's Food for the Hungry Program, Purdue University
3/01-8/02	Media Spokesperson Ambassador , National Dairy Council, Rosemont, IL

HONORS AND AWARDS

2025	Excellence in Nutrition Fellow, American Society for Nutrition
2024	Top Reviewer in 2023, <i>Advances in Nutrition</i> (journal)
2023	Elite Reviewer Recognition, <i>Childhood Obesity</i> (journal)
2023	Mid-Career Professional Achievement Award, Society for Nutrition Education and Behavior
2022	Silver Author Recognition Award, <i>Journal of Nutrition Education and Behavior</i>
2021	Nutrition Education Research Award, Society for Nutrition Education and Behavior
2021	Fellow, Academy of Nutrition and Dietetics
2021	Silver Author Recognition Award, <i>Journal of Nutrition Education and Behavior</i>
2020	Silver Author Recognition Award, <i>Journal of Nutrition Education and Behavior</i>
2019	Nutrition Education and Behavioral Sciences Research Interest Section Mid-Career Award, American Society for Nutrition
2016	Kinsman Excellence in Teaching Award, College of Agriculture, Health and Natural Resources, University of Connecticut
2015	Dannon Institute Early Career Nutrition Leadership Institute
2015	Weight Management Dietetic Practice Group Speaker Travel Award, Academy of Nutrition and Dietetics
2012	Jeanne M. Priester Award for "All 4 Kids" Outstanding Statewide/Multi-State Program
2011	Seed for Success, Excellence in Research Award, Purdue University
2011	Nutrition Education for the Public (NEP) Award for Excellence, NEP Dietetic Practice Group, American Dietetic Association
2011	Award for Excellence in Distance Learning, Non-Credit Course, Purdue University
2010	Teaching for Tomorrow Award Fellow, Purdue University
2010	Nominee, Charles B. Murphy Outstanding Undergraduate Teaching Award, Purdue University
2010	Mary L. Matthews Undergraduate Teaching Award, College of Consumer and Family Sciences, Purdue University
2009	Outstanding Teaching Award, Department of Foods and Nutrition, Purdue University
2006	Dean's Dissertation Fellowship, The Graduate School, University of Maryland
2006	Penn State Nutrition & Dietetics Alumni Society MACS (Mentoring, Awards, Communications, Social/Professional events) Award
2006	Jacob K. Goldhaber Travel Grant, The Graduate School, University of Maryland

2005	Mary Swartz Rose Memorial Graduate Scholarship, American Dietetic Association (ADA) Foundation
2005	Returning Graduate Student Scholarship Award, Maryland Dietetic Association
2004	Mead Johnson/Bristol Myers Squibb Scholarship, ADA Foundation
2004	Eleanora Sense Memorial Scholarship, ADA Foundation
2004	Graduate Research Interaction Day, University-wide competition, University of Maryland, 2 nd Place, Social & Behavioral Sciences Category
2003	Annual Nutrition Research Poster Competition, Dept. of Nutrition and Food Science, University of Maryland, 1 st Place, New Students Category
2002	Distinguished Service Award, American Dairy Association & Dairy Council Mid East
2001	Recognized Young Dietitian of the Year (Ohio), American Dietetic Association
2001	Emerging Professional Award, College of Health and Human Development Alumni, The Pennsylvania State University
1999	Outstanding Dietetic Intern Award (Ohio), American Dietetic Association
1995	Penn State University Health and Human Development Honor Society

GRANTS AND CONTRACTS

External Grants:

1. “Development and Assessment of a Digital Infant Feeding Module for Nonmaternal Caregivers,” **PI: Jamie Zeldman; Mentor: Amy R. Mobley**, Academy of Nutrition and Dietetics Research Dietetic Practice Group Student Pilot Grant, **\$2,450 total costs**
2. “A pilot feasibility study of digitally delivered modules focused on preventing the development of obesity during the first year of life within an existing statewide home visitation program” (August 7, 2023-July 31, 2026); **PI: Amy R. Mobley**; NIH R34 HL163373-01A1, **\$664,562 total costs**
3. “A socio-ecological approach to improving the early childhood food environment for limited resource families with children ages 0-2 years” (April 15, 2023-April 14, 2028); **PI: Amy R. Mobley**; USDA, NIFA, AFRI Diet, Nutrition and the Prevention of Chronic Disease Program, **\$918,472 total costs**
4. “Development and pilot testing of mHealth enhancements for a father-focused childhood obesity prevention program” (June 1, 2017-Dec 31, 2021); **PI: Amy R. Mobley**; USDA, NIFA, AFRI Childhood Obesity Prevention Challenge Area, **\$150,000 total costs**
5. “Father-Focused Nutrition and Parenting Program to Help Prevent Childhood Obesity in Preschool Age Children” (May 1, 2016 – April 30, 2019); **PI: Amy R. Mobley**; NIH NICHD/R21HD087817, **\$419,800 total costs**
6. “Peer Support for Weight Loss Maintenance” (July 1, 2017-June 30, 2019); **Co-I: Amy R. Mobley**; NIH R01DK111232 (PI: Tricia Leahey) **\$3,890,568 total costs**
7. “Development and Evaluation of Nutrition Communication Strategies to Prevent Early Childhood Obesity” (October 1, 2017-September 30, 2018); **PI: Amy R. Mobley**; USDA Hatch grant, **\$11,121 direct costs**

8. “Get Fruved: A peer-led, train-the-trainer social marketing intervention to increase fruit and vegetable intake and prevent childhood obesity”, (August 1, 2017 – July 31, 2019); **PI: Amy R. Mobley**: USDA, National Institute of Food and Agriculture (NIFA) AFRI contract award from University of Tennessee (PI: Sarah Colby), **\$3,000 total costs**
9. “Northeastern Women and Children’s Health Network Planning Grant.” 2017 **Co-I: Amy R. Mobley**. Northeast Extension Directors (NEED)/Northeastern Regional Association of State Agricultural Experiment Stations (NERA). (PI: Lindiwe Sibeko, UMass), **\$1,600 total costs**
10. “Bridging the Gap: Summer Experiential Learning in Food and Nutrition.” (Feb 1, 2016-Jan 31, 2019); **Co-I: Amy R. Mobley**: USDA, NIFA (PI: Hedley Freake) **\$275,746 total costs**
11. “Development of evidence-based child feeding messages to prevent obesity in early childhood.” (October 1, 2015-September 1, 2017); **PI: Amy R. Mobley**: Child Health and Development Institute of Connecticut, Inc., **\$75,703 total costs**
12. “Evaluation of nutrition education efforts to prevent childhood obesity from preconception to preschool in low-income families” (October 1, 2012-September 30, 2017); **PI: Amy R. Mobley**: USDA Hatch grant, **\$71,900 direct costs**
13. “Mobilizing Rural Communities to Assess and Improve the Ecological Environment to Prevent Childhood Obesity” (March 1, 2011-March 14, 2017); **Co-PI: Amy R. Mobley**: USDA, NIFA, AFRI, **\$260,674 total costs for Co-PI** (PI: Paula Peters, Kansas State University, **\$4,500,000 total costs**)
14. “Test of a theory-based weight loss program for couples: Project TEAMS”(December 1, 2014-November 30, 2016); **Co-I: Amy R. Mobley**: NIH/1R21HL125157 (PI: Amy Gorin) **\$432,705 total costs**
15. “All 4 Kids: Resiliency in an Obesogenic Environment” (March 1, 2010-February 28, 2015); **Subcontract PI: Amy R. Mobley**: USDA, NIFA, AFRI, **\$36,056** for subcontract (PI: Madeleine Sigman-Grant, University of Nevada, **\$1,100,000 total costs**)
16. “Indiana’s Food for the Hungry” (April 1, 2007-August 5, 2011); **PI: Amy R. Mobley**, State of Indiana: USDA/The Emergency Food Assistance Program, **\$412,213 total costs**

Internal Grants:

1. “Development and Testing of Digital Learning Modules for Use in Home Visitation Programs to Prevent Early Childhood Obesity” (October 3, 2022-April 2, 2024); **PI: Amy R. Mobley**, UF CTSI Pilot Award, **\$24,512**
2. “An enhanced home visitation program to prevent early childhood obesity in at-risk families” (June 1, 2020-June 1, 2022); **PI: Amy R. Mobley**, Mowery Innovative Research Initiative Fellowship, UF College of Health and Human Performance, **\$7,500**
3. “Development and usability testing of a mobile app to educate parents of 0 to 2 year olds about optimal early child feeding practices” (December 10, 2018-Sept 30, 2020); **PI: Amy R. Mobley**, UF CTSI Research Pilot Award, **\$24,224**

4. "Evaluating the impact of local foods on elementary school students' nutrition behaviors" (June 19, 2017 – June 18, 2018); **PI: Amy R. Mobley**: UConn Collaboratory on School and Child Health, **\$10,000**
5. "Formative research to inform interventions for Latino parents of young children" InCHIP Office of Public Engagement Seed grant for Community Engaged Research. (June 1, 2017-May 31, 2019) **Co-I: Amy R. Mobley** (PI: Kim Gans), **\$15,000**
6. "Examining Food Insecurity, Depression, and Weight-Related Attitudes of Low-Income Mothers and Fathers" (May 8, 2017-August 25, 2017); **PI: Amy R. Mobley** mentor to Emily Taylor: Summer Undergraduate Research Fund Award, **\$3,500**
7. "A Poverty Simulation to enhance students' attitudes and beliefs about nutritionally vulnerable individuals in the community." (January 1, 2016-June 30, 2016); **PI: Amy R. Mobley**: UConn Provost's Teaching Innovation Mini Grant, **\$2,635**
8. "Through a closer lens: Do cohabiting parents of young children interpret, perceive and cope with household food security issues differently?" (October 1, 2015-June 30, 2016); **PI: Amy R. Mobley**: UConn Scholarship Facilitation Fund, **\$1,960**
9. "Breaking through barriers that prevent low-income families from meeting the Dietary Guidelines for fruit, vegetables and whole grains: A novel behavioral-based approach translated to the community" (March 20, 2012-August 31, 2016); **PI: Amy R. Mobley**: Diet and Health Initiative, University of Connecticut, **\$50,000**
10. Center for Health, Intervention and Prevention (CHIP) Grant Development Summer Stipends for Junior Faculty; **PI: Amy R. Mobley**, summer 2015, **\$2,500**
11. "The Forgotten Parent: Paternal Influences on Young Children's Eating Behaviors" University of Connecticut, Center for Health, Intervention and Prevention (CHIP), New Investigator Grant (April 1, 2013-June 30, 2015); **PI: Amy R. Mobley**, **\$7,500**
12. "Thinking Big about Obesity: Building Team Science Initiatives at UConn and UConn Health" Connecticut Institute for Clinical and Translational Science (CICATS) Core Interest Group Seed Grants, Center for Health, Intervention and Prevention (CHIP) Obesity Research Interest Group (November 27, 2013-June 30, 2014) **Co-PI: Amy R. Mobley** (PI: Amy Gorin, **\$30,000**)
13. "Exploring the Influence of Paternal Race/Ethnicity, Education Level, and Child Gender on Paternal Feeding Style" Summer Undergraduate Research Fund Award (SURF) (May 27, 2013-August 16, 2013), **PI: Amy R. Mobley** to mentor Rebecca Albanese, **\$2400**
14. "Dad and Me: A formative research project to determine scope and feasibility of a father-focused childhood obesity prevention program" (July 1, 2012-June 30, 2013); **PI: Amy R. Mobley**: UConn Research Foundation, Large Faculty Grant, **\$24,977** direct costs
15. "Determining the Key Drivers to Successful Implementation of School Wellness Policies in Preventing Childhood Obesity" (May 5, 2011-November 5, 2011); **Co-I: Amy R. Mobley**: Indiana CTSI Purdue Project Development Team, **\$10,000** (PI: Sharon Christ, Purdue University, Department of Human Development and Family Studies/Statistics)

16. “Beyond 5-A-Day: An Examination of Memorable Messages within a Fruit and Vegetable Intervention for Low-Income African Americans.” (June 1, 2010-May 31, 2011); **PI: Amy R. Mobley**; Purdue Research Foundation (PRF) Research Grant, **\$16,795**

PUBLICATIONS

Senior/principal author(s) = Underline

Self = **bold**

Graduate Student = (g)

Undergraduate Student = (u)

Peer reviewed:

1. Varela E.G. (g), Mitchell A.M. (u), McVay M.A., Shelnutt K.P., Miller, M.D., **Mobley A.R.** Early Childhood Nutrition-Related Policy, System, and Environmental (PSE)– Focused Evaluation: A Qualitative Study Exploring Knowledge, Barriers, and Opportunities. *J Nutr Educ Behav* 2025 Mar 9:S1499-4046(25)00045-4. doi: 10.1016/j.jneb.2025.02.006.
2. Zeldman J. (g), Jake-Schoffman D.E., Gurka M.J., Shelnutt K.P., **Mobley A.R.** Home Visitation as an Intervention Opportunity to Prevent Childhood Obesity Within the First 2000 Days: A Scoping Review. *J Acad Nutr Diet* 2025 Jan 22:S1499-4046(24)00536-0. doi: 10.1016/j.jneb.2024.12.008. Online ahead of print. PMID: 39846904
3. Zeldman J. (g), Varela E.G. (g), Kamuf J. (u), Gorin A.A., Gans K.M., Gurka M.J., Bernier A.V., **Mobley A.R.** A Mixed Methods Study to Evaluate Stakeholder Perceptions on Acceptability and Usability of a Digital Infant Feeding Module in Home Visitation Programs. *J Nutr Educ Behav* 2025 Jan 8:S2212-2672(25)00003-6. doi: 10.1016/j.jand.2025.01.003. Online ahead of print. PMID: 39793925
4. Carrera Seoane, M (g), Jake-Schoffman, D.E., **Mobley, A.R.**, McVay MA. Addressing Susceptibility to Non-Prescription Substances for Weight Loss Among Immigrant Hispanic College Students: A Pilot Study. *J Immigrant Minority Health* (2024). <https://doi.org/10.1007/s10903-024-01632-3>
5. Varela E.G. (g), Shelnutt K.P., Miller, D., Zeldman J. (g), **Mobley A.R.** Policy, Systems, and Environmental (PSE) Strategies in Early Childhood: A Scoping Review of Existing Evaluation Tools. *J Acad Nutr Diet* 2024 Jul 20:S2212-2672(24)00720-2. doi: 10.1016/j.jand.2024.07.160. Online ahead of print.
6. Krenek A.(g), **Mobley A.R.**, Andrade J., Dahl W.J., Mathews A. Behavioral Frameworks and Translational Applications of Culinary Medicine and Culinary Nutrition. *J Nutr Educ Behav* 2024 Aug 17:S1499-4046(24)00390-7. doi: 10.1016/j.jneb.2024.07.001. Online ahead of print.
7. Moore WS (g), Maldonado-Molina MM, **Mobley A.R.**, Shelnutt KP, McVay MA. Parental Factors Associated with Intentions to Initiate a Family-Based Pediatric Weight Management Program. *Child Obes.* 2023 Jun 27. doi: 10.1089/chi.2023.0033. Epub ahead of print. PMID: 37366662.
8. Zeldman J.(g), Salloum R.G., **Mobley A.R.** Implementing Successful Early Childhood Obesity Prevention Interventions: The Need for Family-Based Hybrid (Effectiveness-Implementation) Studies. *J Acad Nutr Diet* 2023 May 27:S2212-2672(23)00285-X. doi: 10.1016/j.jand.2023.05.025. Epub ahead of print. PMID: 37247755

9. Zeldman J. (g), Varela E.G. (g), Gorin A.A., Gans K.M., Gurka M.J., Bernier A.V., **Mobley A.R.** A Qualitative Study to Determine Home Visitation Program Staff Attitudes and Intentions Towards Using Digital Technology to Educate Families about Preventing Early Childhood Obesity. *Matern Child Health J.* <https://doi.org/10.1007/s10995-023-03731-3>. Epub 2023 June 5.
10. Varela EG (g), Zeldman J(g), Bolivar I(u), **Mobley AR.** A Qualitative Study to Compare Barriers to Improving Food Security Among Households with Young Children as Perceived by Different Types of Stakeholders Before and During COVID-19. *Nutrients* 2023, 15 (6), 1438, <https://doi.org/10.3390/nu15061438>
11. **Mobley A.R.**, Jake-Schoffman DE, Fedele DA, Varela EG(g), Zeldman J(g). BabyByte: Qualitative research to inform the development of an app to improve responsive feeding practices in parents of infants and toddlers. *Int. J. Environ. Res. Public Health* 2023, 20, 4769. <https://doi.org/10.3390/ijerph20064769>
12. Varela EG(g), McVay MA, Shelnett KP, **Mobley AR.** The Determinants of Food Insecurity among Hispanic/Latinx Households with Young Children: A Narrative Review. *Adv Nutr* Jan 2023. 14 (1). <https://doi.org/10.1016/j.advnut.2022.12.001>
13. Varela EG(g), Zeldman J(g), **Mobley AR.** Community Stakeholders' Perspectives on Food Security of Families with Children Ages 0 to 3 years Before and During COVID-19. *Int. J. Environ. Res. Public Health* 2022, 19(17), 10642; [doi:10.3390/ijerph191710642](https://doi.org/10.3390/ijerph191710642)
14. **Mobley AR.** Gans KM, Adamsons K, Huedo-Medina TB. Feasibility, Acceptability, and Preliminary Outcomes of a Father-Focused Childhood Obesity Prevention Program for Low-Income Families with Preschool-Age Children. *Child Obes.* 2023 Jan; 19(1):13-24. doi: 10.1089/chi.2021.0225. PMID: 35275734.
15. Heller R.L. (g), Chiero J.D. (g), Trout N., **Mobley A.R.**. A qualitative study of providers' perceptions of parental feeding practices of infants and toddlers to prevent childhood obesity. *BMC Public Health.* 2021 Jun 30;21(1):1276. doi: 10.1186/s12889-021-11305-7. PMID: 34193104.
16. Taylor E.A. (u), Foster J.S. (g), **Mobley A.R.** Examining factors related to the food insecurity-obesity paradox in low-income mothers and fathers. *Food and Nutrition Bulletin*, Epub ahead of print 2021 May 18. <https://doi.org/10.1177/147803795721211011133>
17. Heller R.L. (g), **Mobley A.R.** Development and qualitative pretesting of child feeding and obesity prevention messages for parents of infants and toddlers. *J Acad Nutr Diet*, Epub ahead of print 2021 Mar 11. <https://doi.org/10.1016/j.jand.2021.02.004>
18. Chiero J.D. (g), **Mobley A.R.** Evaluation of a Farm-to-School intervention to improve locally grown vegetable choices of low-income, primary school students. *J Sch Health*, Epub ahead of print 2021 Mar 25. <https://doi.org/10.1111/josh.13019>

19. Jensen J. D., Giorgi E. A., Jackson J. R., Berger J., Katz R.A., & **Mobley A.R.** Revisiting nutrition backlash: Psychometric properties and discriminant validity of the nutrition backlash scale. *Nutrition*. 2020 Oct;78:110949. doi: 10.1016/j.nut.2020.110949. Epub 2020 Jul 31. PMID: 32871324; PMCID: PMC7508894.
20. Foster J.S. (g), Schwartz M.B., Grenier R.S., Burke M.P., Taylor E.A. (u), **Mobley A.R.** A pilot examination of the inter-rater reliability of the 18-item Household Food Security Module between cohabiting mothers and fathers. *Translational Behavioral Medicine*, 2020 Dec; 10(6):1306-1311. <https://doi.org/10.1093/tbm/ibaa036>
21. Gorin A.A., Powers T.A., Gettens K., Talea Cornelius T., Koestner R., **Mobley A.R.**, Pescatello L.S., Huedo-Medina T.B.. A randomized controlled trial of a theory-based weight loss program for couples. *Health Psychol*, 2019 Dec 2. doi: 10.1037/hea0000808. [Epub ahead of print] PubMed PMID: 31789558.
22. Taylor EA(u), Foster JS(g), **Mobley A.R.** A qualitative investigation of body weight and weight loss-related attitudes of mothers and fathers in the context of food insecurity. *Eat Weight Disord*. 2019 Nov 5. doi: 10.1007/s40519-019-00804-7. [Epub ahead of print] PubMed PMID: 31691198.
23. Vollmer R.L. (g), Adamsons K., **Mobley A.R.** Recruitment, Engagement, and Retention of Fathers in Nutrition Education and Obesity Research. *J Nutr Educ Behav*. 2019 Oct;51(9):1121-1125. doi: 10.1016/j.jneb.2019.07.006. Epub 2019 Aug 2.
24. Heller R.L. (g), Chiero J.D. (g), Puglisi M., **Mobley A.R.** Feeding Infants and Toddlers: A Qualitative Study to Determine Parental Education Needs. *Child Obes*. 2019 Oct;15(7):443-450. doi: 10.1089/chi.2019.0024. Epub 2019 Jul 23.
25. Chea M (g), **Mobley A.R.** Factors Associated with Identification and Consumption of Whole-Grain Foods in a Low-Income Population. *Curr Dev Nutr*. 2019 May 16;3(7):nzz064. doi: 10.1093/cdn/nzz064. eCollection 2019 Jul. PubMed PMID:31231712; PubMed Central PMCID: PMC6581827.
26. Chea M (g), **Mobley A.R.** Interpretation and Understanding of the Dietary Guidelines for Americans Consumer Messages Among Low-Income Adults. *J Am Coll Nutr*. 2019 May 14:1-9. doi: 10.1080/07315724.2019.1610918. [Epub ahead of print] PubMed PMID: 31084517.
27. Foster JS(g), Grenier RS, Taylor EA(u), **Mobley A.R.** Discourse Analysis: A Novel Analytical Technique for Qualitative Nutrition Research. *J Nutr Educ Behav*. 2019 May 7. pii: S1499-4046(19)30175-7. doi: 10.1016/j.jneb.2019.04.006. [Epub ahead of print] PubMed PMID: 31076340.
28. Heller RL(g), **Mobley A.R.** Instruments assessing parental responsive feeding in children ages birth to 5 years: A systematic review. *Appetite*. 2019 Jul 1;138:23-51. doi: 10.1016/j.appet.2019.03.006. Epub 2019 Mar 7.

29. Rockler BE_(g), Procter SB, Contreras D, Gold A, Keim A, **Mobley A.R.**, Oscarson R, Peters P, Remig V, Smathers C. Communities partnering with researchers: An evaluation of coalition function in a community-engaged research approach. *Progress in Community Health Partnerships: Research, Education, and Action*. Spring 2019;13(1):105-114. *Project MUSE*, doi:10.1353/cpr.2019.0013
30. Foster J.S. _(g), Schwartz M.B., Grenier R.S., Burke M.P., Taylor E.A. _(u), **Mobley A.R.** A qualitative investigation into the USDA 18-item Household Food Security Survey Module: Variations in interpretation, understanding and report by gender. *J Public Affairs*. 2018; e1861. <https://doi.org/10.1002/pa.1861>.
31. Foster J.S. _(g), Adamsons K., Vollmer R.L., **Mobley A.R.** A pilot study to investigate the relationship of food security status and nutrition assistance program participation with parental feeding style and child body mass index in low-income mothers and fathers of preschool age children. *Journal of Hunger & Environmental Nutrition*. 2018. doi:10.1080/19320248.2018.1491363. [Epub ahead of print]
32. Gold AL, Bennett K, Jansen RJ, **Mobley A.R.**, Procter SB, Smathers C, Contreras D, Peters P, Keim A, Oscarson R. Ripple Effects of the Communities Preventing Childhood Obesity Project. *Health Promot Pract*. 2018 Aug 17:1524839918788581. doi: 10.1177/1524839918788581. [Epub ahead of print]
33. Gorin A.A., Powers T.A., Gettens K., Cornelius T., Koestner R., **Mobley A.R.**, Pescatello L., Huedo Medina T. Project TEAMS (Talking about Eating, Activity, and Mutual Support): a randomized controlled trial of a theory-based weight loss program for couples. *BMC Public Health*. 2017 Sep 29; 17(1):749.
34. Vollmer R.L. _(g), **Mobley A.R.** Comparing Low-income Mothers' and Fathers' Concern for Young Children's Weight. *J Pediatr Nurs*. 2017; 37:97-100.
35. Vollmer R.L. _(g), Adamsons K., Foster J.S. _(g), **Mobley A.R.** How Are Fathers' Demographic Characteristics Related to Preschool Age Children's Weight and Obesity Risk Factors? *Ecol Food Nutr*. 2017; 53(5):381-392.
36. Musaad SM, Speirs KE, Hayes JT, **Mobley A.R.**, Fitzgerald N, Jones BL, VanBrackle A, Sigman-Grant M. The impact of environmental, parental and child factors on health-related behaviors among low-income children. *Appetite*. 2017 May 1;112:260-271.
37. Scherr R., Laugero K., Graham D., Cunningham B., Jahns L., Lora K., Reicks M., **Mobley A.R.** Innovative techniques for evaluating behavioral nutrition interventions. *Adv Nutr*. 2017 Jan 17; 8(1):113-125.
38. Avila B. _(g), Contreras D., **Mobley A.R.**, Peters P. Are parental rules associated with low-income rural children's consumption of fruits and vegetables in the Midwest? *J Hunger Environ Nutr*. 2017; 12(4):544-553.

39. Peters P., Gold A., Abbott A., Contreras D., Keim A., Oscarson R., Procter S., Remig V., Smathers C., **Mobley A.R.** A quasi-experimental study to mobilize rural low-income communities to assess and improve the ecological environment to prevent childhood obesity. *BMC Public Health*. 2016 May 4;16(1):376.
40. Buro B., Contreras D., Keim A., **Mobley A.R.**, Oscarson R., Peters P., Procter S., Remig V., Smathers C., Gold A. An ecological approach to exploring rural food access and active living for families with preschoolers. *J Nutr Educ Behav*. 2015;47:548-554.
41. Davis L.A. (g), Morgan S.E., **Mobley A.R.** The utility of the memorable messages framework as an intermediary evaluation tool for fruit and vegetable consumption in a nutrition education program. *Health Education & Behavior* 2016, 43(3): 321–327.
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45. Vollmer R.L. (g), Adamsons K., Foster J.S. (g), **Mobley A.R.** Association of fathers' feeding practices and feeding style on preschool age children's diet quality, eating behavior and body mass index. *Appetite*, 2015 Jun 1; 89:274-81.
46. Vollmer R.L. (g), Adamsons K., Gorin A., Foster J.S. (g), **Mobley A.R.** Investigating the relationship of body mass index, diet quality, and physical activity level between fathers and preschool age children. *J Acad Nutr Diet*. 2015;115:919-926.
47. **Mobley A.R.**, Jones J.M., Rodriguez J., Slavin J., Zelman K.M. Identifying Practical Solutions to Meet America's Fiber Needs: Proceedings from a Food & Fiber Summit. *Nutrients*, 2014 Jul 8;6(7):2540-51.
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50. Vollmer R.L.(g), **Mobley A.R.** Parenting styles, feeding styles, and their influence on childhood obesogenic behaviors and body weight: a review, *Appetite*, 2013;71:232-241.
51. **Mobley A.R.**, Slavin J.L., Hornick B. The future of grains foods dietary guidance: Helping Americans make the most of their grain food choices, *J Nutr* 2013 Sep;143(9):1527S-1532S.

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58. **Mobley A.R.** Emergency food programs: Untapped opportunities for Extension? *Journal of Extension* August 2012;50(4). On-line: <http://www.joe.org/joe/2012august/rb8.php>
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60. Sigman-Grant M., Strom H., Olson B., Wengreen H, Krogstrand K.S., **Mobley A.R.** Qualitative evidence of the disconnect between intent and interpretation of common child obesity prevention messages. *Forum for Family and Consumer Issues* December 2010: 15(3). On-line: <http://www.ncsu.edu/ffci/index.php>.
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Additional manuscripts (under peer review):

1. Varela E.G. (g), Bonfiglio C. (u), Chavez A. (u), **Mobley A.R.** Determining Barriers and Facilitators to Improving Nutrition Communication between Early Childcare Providers and Parents of Children Ages 0-3 Years Old. *IJERPH*

Invited, Non-refereed:

1. **Mobley A.R.** Reflecting on the Implications of Dollar Store Expansions on Food and Nutrition Security in the United States. 2024 Nov 8:100337. doi: 10.1016/j.advnut.2024.100337.
2. Zeldman J. (g), **Mobley A.R.** Revisiting the Use of Storytelling as a Tool for Nutrition Educators. *J Nutr Educ Behav* 2024; 56(8): 508. <https://doi.org/10.1016/j.jneb.2024.06.007>
3. **Mobley A.R.** Breaking barriers to fluid milk consumption in older adults. *Food Technology* June 2011: 22.
4. Collins S.C., **Mobley A.R.** Parents' Nightmare: Food Allergies in Infancy. Academy of Nutrition and Dietetics, *Nutrition Education for the Public Dietetic Practice Group Networking Newsletter*. 2021-2022; Issue 1, pgs 2-4.

Book Chapters, Peer-reviewed:

1. Brown N, Henneman A, McKee K, **Mobley A.R.** Nutrition Communicators Identify Credible Sources. In Mayfield BJ, ed. *Communicating Nutrition: The Authoritative Guide*, Chicago, IL: Academy of Nutrition and Dietetics; 2020: Chapter 5.
2. **Mobley A.R.**, Yakes Jimenez E. Quality Communication in Grant and Project Proposals is Rewarded. In Mayfield BJ, ed. *Communicating Nutrition: The Authoritative Guide*, Chicago, IL: Academy of Nutrition and Dietetics; 2020: Chapter 40.

Book Reviews:

1. **Mobley A.R.** Nutrition Psychology: Improving Dietary Adherence. [New resources for nutrition educators]. *J Nutr Educ Behav* 2007;39(3):179-180.
2. **Mobley A.R.** Understanding Nutrition [New Resources for Nutrition Educators]. *J Nutr Educ Behav*. 2015;47:*:e1.

Abstracts – Conference Presentations (*denotes graduate or undergraduate student advisee):

1. Reesor-Oyer L, Lerner G, **Mobley AR** (2025). Investigating the Impact of Food Insecurity on Picky Eating and Parental Desire to Improve the Diet of their Preschool-Age Child: Results of a Needs Assessment. *Society of Behavioral Medicine*, San Francisco, CA. March 2025
2. Reesor-Oyer L, Sims J, Lerner G, **Mobley AR** (2025). Parent Preferences for Interventions to Increase Preschool-Age Children's Fruit and Vegetable Consumption: Results from a Needs Assessment Targeting Families at Risk of Experiencing Food Insecurity. *International Society of Behavioral Nutrition and Physical Activity*, Auckland, New Zealand. June 2025
3. **Mobley A.R.**, Shelnutt K.P., Cheong J., Eicher-Miller H., Weber J.A., Zeldman J., Berger A.L. A socio-ecological approach to improving nutrition security for families with children ages 0-2 years. *J Nutr Educ Behav*, August 2024
4. Zeldman J*, **Mobley AR**. Evaluating Usability of a Digital Nutrition Education Module to Prevent Early Childhood Obesity in Home Visitation Programs. *J Nutr Educ Behav*. July 2023.

5. **Mobley A.R.**, Gans K.M., Adamsons K., Zeldman J*, Varela EG*, Whitlow L*. Pilot Testing of a Father-Focused Childhood Obesity Prevention Mobile Phone App. *J Nutr Educ Behav*. August 2022.
6. Zeldman J.*, Varela E.*, Morello K.*, **Mobley A.R.**. Determining Stakeholders' Perceptions and Barriers on Using Digital Nutrition Education Modules in Home Visitation Programs. *J Nutr Educ Behav*. August 2022.
7. Varela EG*, Zeldman J*, Blanca G*, **Mobley AR**. Differences in Community Stakeholders' Perceived Barriers and Needs to Improve Food Security for Families With Children Under 3 Years Before and During COVID-19. *ASN*. June 2022
8. Varela EG*, Bonfiglio C*, Zeldman J, * **Mobley AR**. Determining barriers and facilitators to improving nutrition communication between early childcare providers and parents of children ages 0-3 years old. *APHA*. October 2021.
9. **Mobley A.R.**, Gans K.M., Adamsons K., Varela EG*, Zeldman JA. Determining Low-Income Fathers' Preferred mHealth Nutrition-Related Topics, Features, and Delivery Methods. *SNEB*, August 2021.
10. Varela EG*, Zeldman JA, **Mobley AR**. Community Stakeholders Perspectives on Food Security of Families with Children Ages 0 to 3 years Before and During COVID-19. *SNEB*, August 2021.
11. **Mobley AR**, Jake-Schoffman DE, Fedele DA, Varela EG*, Zeldman JA. Babybyte: Usability Testing of a mHealth App Prototype to Improve Responsive Feeding Practices in Parents of Infants and Toddlers. *American Society for Nutrition*, June 2021.
12. Zeldman JA, Varela EG*, Jake-Schoffman DE, Fedele DA, **Mobley AR**. Qualitative Interviews to Determine Preferences of mHealth Early Childhood Feeding Guidance for Mothers and Fathers by Income Status. *American Society for Nutrition*, June 2021.
13. **Mobley A.R.**, Gans K.M., Adamsons K., Huedo-Medina T.B. Healthy Fathers, Healthy Kids: Preliminary Results of a Father-Focused Childhood Obesity Prevention Pilot Program. *SNEB*. July 2020.
14. **Mobley AR**, Jake-Schoffman DE, Fedele DA, de Cola B, Varela EG*. BabyByte: Formative research to inform the development of an app to improve responsive feeding practices in parents of infants and toddlers. *American Society for Nutrition*. May 2020.
15. Varela EG*, Bonfiglio C*, **Mobley AR**. Determining Early Childhood Professionals' Perspectives on Provider-Caregiver. *American Society for Nutrition*. May 2020.
16. **Jensen, J. D.**, Giorgi, E., Jackson, J., Berger, J., Katz, R. A., & **Mobley, A.R.** Backlash against nutrition messages: Backlash is higher in underserved groups and related to label use. *National Communication Association*, Baltimore, MD, November 2019.

17. **Mobley A.R.**, Gans K.M., Adamsons K., Huedo-Medina T.B. Healthy Fathers, Healthy Kids: Feasibility of a father-focused childhood obesity prevention program for low-income families with preschool aged children. (OR13-03-19). *Curr Dev Nutr*. 2019 Jun 13;3(Suppl 1). pii: nzz050. OR13-03-19. doi: 10.1093/cdn/nzz050. OR13-03-19. eCollection 2019 Jun. PubMed PMID: 31225341; PubMed Central PMCID: PMC6579381.
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20. Chiero J.*, Russo Kelly M., Martin J., **Mobley A.R.** Leveraging Local: Messages to Promote Consumption of Local Foods in Elementary Schools, *SNEB*. July 2018.
21. **Mobley A.R.**, Chiero J.*, Chea M.*, Heller R.* Evaluation of Current Educational Materials to Prevent Early Childhood Obesity: A Content Analysis. *SNEB*. July 2017.
22. Foster J.*, Grenier R., **Mobley A.R.** Discourse Analysis - A Potential Analytical Technique for Nutrition Research. *SNEB*. July 2017.
23. Foster J.*, Gorin A., **Mobley A.R.** For Successful Weight Loss, Counting Calories Matters but Method Might Not. *FASEB J*. April 2017 31:136.8.
24. Heller R.*, Chiero J.*, Trout N., **Mobley A.R.** Providers' Perceptions of Child Feeding and Activity Recommendations Related to Early Childhood Obesity Prevention. *FASEB J*. April 2017 31:432.3.
25. Chea M.*, Foster J.*, Chiero J., **Mobley A.R.** Understanding the Barriers to Whole Grain Consumption among Low-Income Adults. *FASEB J*. April 2017 31:956.10.
26. Chea M.*, **Mobley A.R.** Comparing the Interpretation of the Dietary Guidelines for Americans Consumer Messages in Low-Income Adults from Different Ethnic and Racial Backgrounds. *J Acad Nutr Diet*, October 2016.
27. Chea M.*, **Mobley A.R.** Perceptions, Beliefs, and Implementation of the Dietary Guidelines for Americans Consumer Messages by Low-Income Parents. *FASEB J*. April 2, 2016
28. Vollmer R.L.*, Adamsons K., Foster J.S.*, **Mobley A.R.** Association of Fathers' Income and Education Level with Childhood Obesity Risk Factors in Preschool Age Children. *FASEB J*. April 2, 2016
29. Fitzgerald N., Theiss J., Dewar J., Wozniak A., Musaad S., **Mobley A.R.**, Sigman-Grant S. Racial/Ethnic Differences in the Associations between Parents' Body Mass Index, Behaviors and Child Weight Status. *SNEB*, July 2015.
30. Chea M.*, Foster J.S.*, **Mobley A.R.** Accuracy of Consumers' Ability in Identifying Whole Grains Foods: Implications for Policy Change. *FASEB J*. March 28, 2015.

31. Foster J.S.*, Adamsons K., Vollmer R.L.*, **Mobley A.R.** Is Nutrition Assistance Program Participation or Food Security Status Associated with Parental Feeding Style or Child Body Mass Index? *FASEB J.* March 28, 2015.
32. Vollmer R.L.*, Adamsons K., Foster J.S.*, **Mobley A.R.** Are Fathers' Feeding Practices Associated with Preschool Age Children's Diet Quality, Eating Behavior, or Weight? *FASEB J.* March 28, 2015.
33. Vollmer R.L.*, Adamsons K., Foster J.S.*, **Mobley A.R.** Do Low-income Mothers and Fathers of Preschool Children Share Similar Concerns and Perception about Their Child's Body Weight? *FASEB J.* March 28, 2015.
34. **Peters P.**, **Mobley A.R.**, Proctor S., Contreras D., Gold A., Smathers C., Oscarson R., Keim A. Mobilizing Rural Low-Income Communities to Assess and Improve the Ecological Environment. *International Conference and Exhibition on Obesity and Weight Management* (December 2014)
35. Albanese R.R.*, Vollmer R.L.*, Smith J.S.*, **Mobley A.R.** Exploring the Influence of Paternal Race, Ethnicity, Education Level, and Child Gender on Paternal Feeding Style: Implications for Childhood Obesity Prevention. *The Obesity Society* (November, 2014)
36. Wang J.S., Bennett M., Cloutier M.M., Dugan A.G., Gadlin H., **Mobley A.R.**, Pescatello L.S., Swede H., **Gorin A.A.** Thinking Big about Obesity: A Transdisciplinary Team Science Building Initiative. *The Obesity Society* (November, 2014)
37. Vollmer R.L.*, Adamsons K., Gorin A., Smith J.S.*, **Mobley A.R.** Investigating the relationship of body mass index, diet quality, and physical activity level between fathers and their preschool age children. *The Obesity Society* (November, 2014)
38. Chea M.*, Drake L.T., Snyder L.B., **Mobley A.R.** Evaluating differences in the perceptions of the Dietary Guidelines consumer messages between nutrition educators and their low-income clients. *J Acad Nutr Diet* (October, 2014)
39. **Mobley A.R.**, Adamsons K., Vollmer R.L.*, Rose A.*, Smith, J. S.* Is it time for father-focused childhood obesity prevention programs for low-income families? A needs assessment and feasibility study. *FASEB J.* April 28, 2014: 808.19.
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41. Kimble A.B., **Hubbs-Tait L.**, Hayes J., Sigman-Grant M., Jahns L., Dickin K., Idris R., **Mobley A.R.** Caregiver's feeding styles questionnaire - new factors and correlates. *FASEB J.* April 28, 2014: 808.4.
42. Smith J.S.*, Contreras D., Gold A., Keim A., Oscarson R., Peters P., Procter S., Remig V., Smathers C., **Mobley A.R.** What nutrition and physical activity policies and practices are most lacking in early childhood centers within rural communities? *FASEB J.* April 28, 2014: 808.20.

43. Peters P., **Mobley A.R.**, Proctor S., Contreras D., Gold A., Bruns K., Oscarson R., Keim A. Mobilizing Rural Low-Income Communities to Assess and Improve the Ecological Environment, *J Nutr Educ Behav* 2013: 45(4S):UP39.
44. Vollmer R.L.*, **Mobley A.R.** Relationship between Parental Feeding and Child Eating Styles in Low-income Families with Preschool Age Children, *FASEB J.* April 9, 2013. 27:37.2.
45. Davis L.*, Morgan S.E., **Mobley A.R.** Beyond '5-A-Day': An examination of memorable messages within a fruit and vegetable intervention for low-income African Americans, *J Acad Nutr Diet* 2012:112(9): A-16.
46. Remig V., **Mobley A.R.**, Proctor S., Contreras D., Gold A., Bruns K., Oscarson R., Keim A., Peters P. Mobilizing Rural Low-Income Communities to Assess and Improve the Ecological Environment to Prevent Childhood Obesity, *J Nutr Educ Behav* 2012: 44(4S):UP22.
47. Doherty E.F.*, MacGeorge E.L., Maulding M.K., **Mobley A.R.** Qualitative evaluation of advertisements promoting milk product consumption among women ages 60 years and older. *J Nutr Educ Behav* 2012: 44(4S):S48.
48. Levine E., Abbatangelo-Gray J., **Mobley A.R.** Evaluating MyPlate: An expanded framework using traditional and nontraditional metrics for assessing health communication campaigns. *J Nutr Educ Behav* 2012: 44(4S):P27.
49. Dickin K.L., Hubbs-Tait L. Sigman-Grant M., Jahns L., **Mobley A.R.**, Willits-Smith A. What can child silhouette data tell us? Exploring links to parenting, food and activity behaviors, BMI, and maternal concerns, *JISBNPA* (May 2012)
50. **Mobley A.R.**, Vollmer R.L.*, Sigman-Grant M. Relationship of parental dyad feeding styles on children's weight status and related obesogenic behaviors, *FASEB J.* March 29, 2012 26:1011.6
51. Dickin K.L., Hubbs-Tait L. Sigman-Grant M., Jahns L., **Mobley A.R.** Feeding practices correlated with authoritative parenting style and responsive feeding style scores, *FASEB J.* March 29, 2012 26:1011.14.
52. Vollmer R.L.*, Sigman-Grant M., **Mobley A.R.** Don't forget about dad: Exploring paternal influences on children's weight status and eating behaviors, *FASEB J.* March 29, 2012 26:1011.7.
53. Rogers R.L.*, Sigman-Grant M., **Mobley A.R.** Differences in feeding practices and perceptions of childhood obesity messages among low-income mothers of young children. *J Am Diet Assoc* 2011 :111(9):A-13
54. Neuenschwander L.M.*, Abbott A., **Mobley A.R.** Development and evaluation of a nutrition education website for low-income adults. *J Am Diet Assoc* 2011:111(9): A-102.
55. **Mobley A.R.**, Ebner R.*, Rogers R.*, Sullivan J.*, Jensen J.D. Attitudes, beliefs and barriers related to milk consumption in low-income women ages 60 years and older. *FASEB J* 2011: 25:767.1.

56. Chen A.M.H.*, Yehle K.S., Plake K.S., **Mobley A.R.**, Yi J.S. Food for the Heart: Understanding responses of patients enrolled in cardiac rehabilitation toward web-and mobile-based nutrition tools. *Journal of the American Pharmacists Association* 2011: 51(2):219.
57. **Mobley A.R.**, Riggan A.*, Abbott A. Calcium intake and associated knowledge and behaviors of low-income women. *J Am Diet Assoc* 2010:110(9): A-99.
58. Rogers R.L.*, Sigman-Grant M., **Mobley A.R.** Low-income mothers' perceptions and implementation of family meal messages. *J Nutr Educ Behav* 2010: 42(4S):S92.
59. Brace L.M.*, Abbott A., **Mobley A.R.** A randomized trial to determine impact of a label reading video on nutrition knowledge. *J Nutr Educ Behav* 2010: 42(4S):S92-S93.
60. Sigman-Grant M., Dollahite J., Dickin K., Strom H., Olson B., Wengreen H, **Mobley A.R.**, Krogstrand K.S. Qualitative evidence of the disconnect between intent and interpretation of common child obesity prevention messages. *FASEB J* 2010: 24:747.2.
61. Brace L.M.*, Abbott A., Maulding M., **Mobley A.R.** Assessment of low-income adults' access to technology *J Am Diet Assoc* 2009:109(9):A55.
62. **Mobley A.R.**, Brace L.* Nutrition education needs of emergency food program workers. *J Nutr Educ Behav* 2009:41(4S):S24.
63. Sigman-Grant M., Dickin K., Dollahite J., **Mobley A.R.**, Olson B., Krogstrand K.S., Strom H., Wengreen H. Low-income mothers' inputs about prominent child overweight prevention messages. *J Nutr Educ Behav* 2008:4(1):S65-S66.
64. **Mobley A.R.**, Lawyer H., Faith J., Mobley S.L. Motivational influences for participating in a worksite wellness program. *J Am Diet Assoc* 2007:107 (8): A-104.
65. **Mobley A.R.**, Ridge T., Faith J., Sands L., Mobley S.L. Diagnosis of type 2 diabetes influences behaviors in diet, exercise and weight control. *FASEB J* 2007:21(5):A529.5.
66. **Mobley, A.R.**, Kantor M., Thurmond V., Mobley S.L. Assessing multiple weight control behaviors using "Stages of Change": Implications for using a tailored approach during weight management counseling. *J Am Diet Assoc* 2006:106 (8): A-23.
67. Mobley S.L., **Mobley, A.R.**, Kantor M., Thurmond V. Cumulative probabilities for metabolic syndrome using multiple body composition indices. *FASEB J* 2006:20: A-665.9.
68. **Mobley, A.R.**, Kantor M., Thurmond V., Mobley S.L. Using waist circumference and body mass index to determine risk of metabolic syndrome and glucose intolerance. *FASEB J* 2006:20: A-821.2.
69. **Rossi A.**, DiSilvestro R., Blostein-Fujii A. Effects of soy consumption on exercise induced acute muscle damage and oxidative stress in young adult males. *FASEB J* 1998: 12(5):A563.

Technical:

1. Office of Dietary Supplements, National Institutes of Health. *Annual Bibliography of Significant Advances in Dietary Supplement Research*. 2002, 2003, 2004
2. Office of Dietary Supplements, National Institutes of Health. *Dietary Supplements, Coagulation and Anti-thrombotic Therapies Post Conference Bibliography*. 2005

Educational (sample list):

1. Purdue University, Foods and Nutrition Fact Sheet Series, Cooperative Extension, Topics: Beverages, Family Meals, Feeding Young Children, Sodium; 2008
2. Calcium Fact Sheet, National Institutes of Health, Office of Dietary Supplements (URL: <http://ods.od.nih.gov/factsheets/calcium.asp>); 2004
3. "Phytochemicals, Vitamins of the Future?", The Ohio State University Extension Fact Sheet HYG-5050-98.
4. "Chemoprevention, The Answer to Cancer?", The Ohio State University Extension Fact Sheet HYG-5051-98.

OTHER RESEARCH ACTIVITIES***Editorial Board:***

1. International Journal of Behavioral Nutrition and Physical Activity (July 1, 2015-present)
2. Journal of the Academy of Nutrition and Dietetics (June 1, 2016-present)
3. Childhood Obesity (December 2023-present)
4. Journal of Nutrition Education and Behavior (June 1, 2016-May 31, 2022 – limited to 2 consecutive, 3 year terms)

Adhoc Manuscript Reviewer:

1. Obesity Reviews (2024)
2. BMJ Open (2023)
3. Maternal and Child Health (2023)
4. Advances in Nutrition (2022-present)
5. Journal of Pediatrics (2022)
6. Journal of Nutrition (2021-present)
7. Digital Health (2021-present)
8. Pediatric Obesity (2020)
9. Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity (2019, 2014)
10. American Journal of Clinical Nutrition (2018)
11. Journal of Nutrition Education and Behavior (2006-2016)
12. Appetite (2013-present)
13. Maternal and Child Nutrition (2013-present)
14. Journal of the Academy of Nutrition and Dietetics (2014-2016)
15. Pediatrics (2015)
16. International Journal of Obesity (2014)
17. Childhood Obesity (2015-2023)
18. BMC Public Health (2015-present)
19. Public Health Nutrition (2015)
20. Ecology of Food and Nutrition (2016)
21. Journal of Nutrition and Health Sciences (2014)
22. Preventive Medicine (2013)
23. American Journal of Lifestyle Medicine (2012)
24. Progress in Community Health Partnerships: Research, Education, and Action (2012)

Grant Reviewer:

1. NIH Psychosocial Development, Risk and Prevention (PDRP) Study Section Adhoc reviewer, February 2025
2. NIH Director's New Innovator Award Program (DP2), Phase 1 reviewer, December 2024
3. Stanford Diabetes Research Center Pilot & Feasibility Program Grant Reviewer, September 2024
4. NIH Psychosocial Development, Risk and Prevention (PDRP) Study Section Adhoc reviewer, June 2024
5. NIH Director's New Innovator Award Program (DP2), Phase 1 reviewer, December 2023
6. NIH Psychosocial Development, Risk and Prevention (PDRP) Study Section Adhoc reviewer, June 2023
7. NIH Director's New Innovator Award Program (DP2), Phase 1 reviewer, December 2022
8. NIH Psychosocial Development, Risk and Prevention (PDRP) Study Section Adhoc reviewer, June 2022
9. NIH Director's New Innovator Award Program (DP2), Phase 1 reviewer, December 2021
10. Nutrition Optimization & Eating Disorders (NOED) peer review panel of the 2019 Peer Review Medical Research Program (PRMRP) for the Department of Defense Congressionally Directed Medical Research Programs (CDMRP) (April 2019)
11. Netherlands Organisation for Scientific Research (NWO), National Initiative Brain and Cognition (2014)
12. Netherlands Organisation for Health Research and Development (ZonMw), Program Healthy Nutrition (2009)

Invited Reviewer - other:

1. USDA Multi-State Research Project Proposal W-5003: Promoting parenting practices that support positive eating behaviors during adolescent independent eating occasions (2024)
2. USDA Multi-State Research Project Proposal W-2194: Children's Healthy Living Network (CHLN) in the U.S. Affiliated Pacific Region (2021)
3. University of Nevada Cooperative Extension *Just for Preschoolers and their Families: Nutrition* series (2020)
4. USDA Multi-State Research Project Proposal W-4003: Parental practices supporting positive eating behaviors during independent eating occasions among early adolescent children (2019)
5. Academy of Nutrition and Dietetics, Academy Position Paper: Nutrient Density (2016)
6. Review: Moving Toward Mindful Portions in America. Author: Lisa Young, PhD, RD; published by Nestle
7. Academy of Nutrition and Dietetics, Academy Position Paper: Total Diet Approach to Communicating Food and Nutrition Information (2012)

External Tenure and Promotion Reviewer:

1. Assistant Professor, Nutrition and Dietetics, Saint Louis University (2024)
2. Instructional Assistant Professor, College of Health and Human Performance, University of Florida (2024)
3. Assistant Professor, College of Health Professions, Nutrition and Dietetics, Pace University (2023)
4. Lecturer, School of Health Professions, University of Plymouth, United Kingdom (2023)
5. Assistant Professor, Division of Nutritional Sciences, Cornell University (2022)
6. Assistant Professor, Department of Health, Sport, and Exercise Sciences, University of Kansas (2022)

7. Associate Professor, Department of Health and Behavior Studies, Teachers College Columbia University (2021)
8. Associate Professor, Department of Behavioral and Social Sciences, Brown University School of Public Health (2021)
9. Assistant Professor, Wegmans School of Health & Nutrition, College of Health Sciences and Technology, Rochester Institute of Technology (2020)
10. Assistant Professor, Department of Nutrition, Dietetics and Food Sciences, Utah State University (2020)
11. Assistant Professor of Practice, Family and Community Health Program, College of Public Health and Human Sciences, Oregon State University (2020)
12. Assistant Professor, Department of Nutrition Sciences, Drexel University (2018)
13. Associate Professor, Department of Exercise and Health Sciences, University of Massachusetts, Boston (2017)

External Thesis Reviewer: Adam Walsh, Doctoral Candidate, Institute of Physical Activity and Nutrition, Deakin University, Victoria, Australia (2018)

Member, USDA National Institute of Food and Agriculture Multi-State Research Projects:

- W2005: Parenting, energy dynamics, and lifestyle determinants of childhood obesity: New directions in prevention, October 1, 2012 – Sept 30, 2017
- W1005: An Integrated Approach to Prevention of Obesity in High Risk Families, October 2006 – Sept 30, 2012.
- NCDC211: EFNEP Related Research and Outreach, October 2006 – Sept 30, 2008.

TEACHING AND MENTORING EXPERIENCE

Students Mentored - University of Florida

PhD Students

1. **Advisor**, Nelta Timothee, MS, CHES, Department of Health Education and Behavior (January 2025-present)
2. **Advisor**, Alyssa (Berger) Watkins, MPH, Department of Health Education and Behavior (August 2024-present)
3. **Advisor**, Whitney Burchfield, MS, CHES, Department of Health Education and Behavior (August 2023-present)
4. **Advisor**, Jamie Zeldman, MS, RD, CHES, Department of Health Education and Behavior (May 2021-present)
5. **Advisor**, Elder Garcia Varela, MA, MPS, MS, CHES, Department of Health Education and Behavior, UF Graduate School Funding Award Recipient, “Development and Validity of a Policy, Systems, and Environmental (PSE) Change Evaluation Tool for a Nutrition Education Program,” Ph.D., August 2023. Post Graduate Position: Post Doctoral Research Associate, Department of Nutritional Sciences, School of Public Health, University of Michigan.
6. **Advisor**, Chelsea Chappell, MS, CHES, Department of Health Education and Behavior, “Evaluating the impact of COVID-19 on physical activity, BMI, sleep & screentime among U.S. school-aged children with neurodevelopmental disorders,” Ph.D., December 2022.
7. **Committee member**, Francesca Wilkins, MS, CHES, Department of Health Education and Behavior, Ph.D. expected 2027
8. **Committee member**, Avery Bollinger, MA, Department of Social Behavioral Sciences, Ph.D. expected 2026

9. **Committee member**, Wendy Moore, MS, CHES, Department of Health Education and Behavior, "Parental factors and their association with intentions to initiate a pediatric weight management program," Ph.D., August 2022.
10. **Committee member**, Montserrat Carrera Seoane MS, CHES, Department of Health Education and Behavior, Ph.D., August 2023.
11. **Committee member**, Kellie Cooper, Department of Health Education and Behavior (May 2020-August 2022).
12. **Committee member**, Andrea Krennek, RDN, LDN, Food Science and Human Nutrition, Ph.D., May 2024.

MS Students

1. **Advisor**, Nelta Timothee, Department of Health Education and Behavior (January 2024-December 2024) – MSNT2PhD award recipient, MS, December 2024
2. **Co-Advisor**, Devon Reynolds, Department of Health Education and Behavior, MS, December 2023
3. **Committee member**, Daniel Popper, DMD, MS, Department of Orthodontics, "Orthodontic Treatment, Dietary Patterns, and Perceptions in Adults: The Ortho-Diet?" February 2022
4. **Academic Advisor**, Ciana Bonfiglio, Department of Health Education and Behavior, MS, December 2020
5. **Committee member**, Matthew Beke, RDN, LDN, Department of Food Science and Human Nutrition, "Validation of a Novel Quality of Life Questionnaire: The Digestion-associated Quality of Life Questionnaire (DQLQ)," MS, May 2019.

Undergraduate Honors Students

1. **Advisor**, Alvaro Sabogal, Health Education and Behavior, BS expected May 2025.
2. **Advisor**, Jada Kamuf, Health Sciences, BS, May 2024.
3. **Committee member**, Rebecca Jacobs, Department of Health Education and Behavior, BS December 2021.

Undergraduate Interns

1. Alexandra Chavez (spring 2022); Health Education and Behavior
2. Alvaro Sabogal (spring 2025): Health Education and Behavior
3. Niala Morris (spring 2025): Health Education and Behavior

Undergraduate Research Assistants

University of Florida

1. Cassidy Lleras (spring 2019)
2. Anthony Avila (spring & summer 2019)
3. Ken Nguyen (summer & fall 2019)
4. Chandi Pooran (summer 2019-spring 2021)
5. Alexandra Chavez (fall 2019-summer 2022); **University Scholars Program**
6. Shannon Mai (fall 2019-summer 2020)
7. Preston Coldwell (spring 2020)
8. Katie Morello (fall 2020-spring 2022)
9. Mandy Jiang (fall 2020)
10. Luke Whitlow (fall 2020-spring 2022)
11. Giuliana Blanca (fall 2020-spring 2022)
12. Gabriel Estrada (spring/summer 2021)
13. Amanda Natherson (summer 2020-summer 2023)

14. Reema Ismail (summer 2022-spring 2023)
15. Isabella Bolivar (spring 2022-spring 2024)
16. Alvaro Sabogal (summer 2022-present); **University Scholars Program**
17. Jada Kamuf (summer 2022-spring 2024)
18. R. Dalton Brown (fall 2022-spring 2024)
19. Logan Swift (spring 2023-spring 2024)
20. Emma Lammens (summer 2023-present)
21. Marissa Akins (summer 2023-present)
22. Siena Ramirez (fall 2024-present)
23. Gabriella Garcia (fall 2024)
24. Mason Kawaja (fall 2024-present)
25. Devyn Kropf (fall 2024-present)
26. Sharleene Destine (fall 2024-present)
27. Nehal Dwaram (fall 2024-present)
28. Nicole Dominguez (fall 2024-present)

Florida State University

1. Kendall Helms (January 2024-present)
2. Colleen Brennan (January 2024-November 2024)
3. Madison Lemons (January 2024-August 2024)
4. Paola Diaz (January 2024-June 2024)
5. Katelyn Ferdinand (January 2024-November 2024)
6. Jillian Carter (January 2024-present)
7. Laira Gomer (September 2024-present)
8. William Bates (September 2024-present)
9. Laura Shelnutt (September 2024-present)
10. Lydia Shackelford (September 2024-present)
11. Maya Conway (September 2024-present)
12. Katelyn Everett (September 2024-present)

Students Mentored - University of Connecticut

PhD Students

1. **Advisor**, Rebecca Heller, MS, RD, Department of Nutritional Sciences, "The development of evidence-based early child feeding and obesity prevention messages for parents of children 0 to 2 years old," (Fellow, UConn Outstanding Scholar Program), Ph.D., May 2019. Post-Graduate Position: Medical Science Liaison, Abbott Nutrition, Columbus, OH
2. **Advisor**, Jesse Chiero, MSES, MS, Department of Nutritional Sciences, "Evaluating the impact of local foods on elementary school students' nutrition behaviors," Ph.D., December 2018. Post-Graduate Position: Dietetic Intern, The Ohio State University ISPP
3. **Associate Advisor**, Gloriana Rodriguez Arauz, Department of Psychological Sciences. "Parental Feeding Practices, Healthy Eating and Children's Weight: What Does Culture Tell Us?" Ph.D., August 2018. Post-Graduate Position: Assistant Professor, Psychology Department, University of Costa Rica.
4. **Advisor**, Jaime Foster, MS, RD, Department of Nutritional Sciences. "An examination of household food security's measurement, report and experience by gender" Ph.D., December 2017. Post-Graduate Position: Post-Doc, Rudd Center for Food Policy & Obesity, Hartford, CT
5. **Advisor**, Molika Chea, MS, CHES, Department of Nutritional Sciences. "Examining factors that may prevent low-income families from meeting the Dietary Guidelines for consuming

- fruit, vegetables, and whole grains" Ph.D., August 2017. Post-Graduate Position: Lecturer: UConn Hartford, CT & Worcester State University, MA
6. **Advisor**, Rachel Vollmer, MS, RD, Department of Nutritional Sciences. "The Forgotten Parent: Exploring Paternal Influences on Young Children's Eating Behaviors, Diet Quality, Physical Activity, and Body Weight" Ph.D., May 2014. Post-Graduate Position: Assistant Professor, Department of Family & Consumer Sciences, Illinois State University
 7. **Associate advisor**, Mastaneh Sharafi, MS, Department of Nutritional Sciences. "Developing a Valid and Reliable Dietary Quality Index from a Liking Survey: Data from Association and Evaluation Studies in Children and Adults." Ph.D., December 2015. Post-Graduate Position: Senior Analyst, Beachbody
 8. **Associate advisor**, Santo Coleman, MPH, Department of Public Health and Community Medicine. "Role of Fathers on Masculinity and Obesity in African American Adolescent Males." Ph.D., August 2015. Post-Graduate Position: Youth Development Specialist, Peace Corps, El Salvador.

Master's Students

1. **Advisor**, Julian Chan, RD, Department of Nutritional Sciences. "Feasibility of mHealth Research and Initial Feedback among Low-Income Fathers", MS, August 2019.
2. **Associate advisor**, Cassondra Hunter, Department of Nutritional Sciences, "Dietary Patterns and Inflammation: Protein's Potential for Reducing Muscle Wasting Post Anterior Cruciate Ligament (ACL) Surgery" MS, May 2017.
3. **Associate advisor**, Danielle Bloom, Department of Nutritional Sciences. "The Female Athlete Body Project: Potential to Improve Eating Behaviors in Collegiate Athletes" MS, August 2015.
4. **Associate advisor**, Von Jessee, Department of Human Development and Family Studies. "Fatherhood and Food: Food Insecurity and Paternal Role Associations with Father and Child Diet Quality" MS, May 2015.
5. **Advisor**, Laura Joseph, Department of Nutritional Sciences, "Does Nutrition Education Influence Snack Choices of Preschoolers? MS, August 2014.
6. **Advisor**, Jaime Smith, RD, Department of Nutritional Sciences, "Determining the relationship of food security status and participation in nutrition assistance programs on parental feeding style and childhood obesity." MS, May 2014.
7. **Associate advisor**, Erin Lenz, Department of Psychology. "Pretreatment Predictors of Weight Loss in a Comprehensive Behavioral Weight Loss Program," MA, December 2013.
8. **Associate advisor**, Katherine Yarbrough, Department of Public Health and Community Medicine. "Association between food insecurity and the availability of and consumption of sugar sweetened beverages among preschool children," MPH, August 2012.

Honors Students (undergraduate):

- **Advisor**, Celeste Kurz, University Honors Scholar, Department of Nutritional Sciences, "A bilingual gardening, cooking and nutrition program for middle school students," BS (Honors) in Nutritional Sciences, May 2019.
- **Advisor**, Allison Contillo, Department of Nutritional Sciences, "Association of Paternal Demographics and Child Feeding Practices," BS (Honors) in Nutritional Sciences, May 2018.
- **Advisor**, Emily Taylor, Department of Allied Health Sciences, "Examining Food Insecurity, Depression, and Weight-Related Attitudes of Low-Income Mothers and Fathers," BS (Honors) in Allied Health Sciences, May 2018.
- **Advisor**, Rebecca Albanese, Department of Nutritional Sciences, "Exploring the Influence of Paternal Race/Ethnicity, Education Level, and Child Gender on Paternal Feeding Style," BS (Honors) in Nutritional Sciences, May 2014.

Summer Undergraduate Research Experience Advisor, UConn Bridging the Gap Program:

- Brianna Gervickas & Keiona Khen (McNair Scholar) (Summer 2018)
- Wanjiku Gatheru (Summer 2017) – Rhodes Scholar (selected for 2020)
- David Monserrate & Emily Taylor (Summer 2016)

Academic Faculty Advisor, Nutritional Sciences (undergraduate):

- 2018: 11 students
- 2017: 14 students
- 2016: 14 students
- 2015: 14 students
- 2014: 14 students
- 2013: 13 students
- 2012: 11 students
- 2011: 6 students

Visiting scholar (graduate):**University of Birmingham, UK**

1. Andrew Jolly, PhD Student (September 2017, Universitas 21 Foreign Exchange Programme)

Students Mentored - Purdue University***PhD Students:***

1. **Co-Chair**, LaShara Davis, MA, Department of Communication. “Beyond ‘5-A-Day’: An examination of memorable messages within a fruit and vegetable intervention for low-income African Americans,” Ph.D., August 2011. Post-Graduate Position: Assistant Professor, DeSales University
2. Committee member, So Yeong Lim, Department of Agricultural Economics, “The effect of macroeconomic shocks on the Food Stamp Program,” Ph.D., August 2011.
3. Committee member, Cheryl Armstrong, MS, RD, Department of Foods and Nutrition. “6-n-Propylthiouracil: Orosensory Influence on Taste, Diet, and Chronic Disease Risk” Ph.D., December 2007.

MS Students:

1. **Chair**, Lauren Brace Neuenschwander, RD, Department of Foods and Nutrition. “Evaluation of a web-based nutrition education program for low-income adults,” MS, May 2011.
2. Committee member, Jennifer Faith, Department of Foods and Nutrition. “Lifestyle behaviors, body mass index and health status similarities in spouses: A large cohort study in the workplace,” MS, August 2007.

Honors Students (undergraduate):

- **Honors’ advisor**, Amber Riggan, Department of Foods and Nutrition. “Calcium intake in low-income women in Indiana,” BS in Dietetics/Nutrition, Fitness & Health, December 2009.

Courses Taught

University of Florida

Instructor:

- HSC 5576: Nutrition Education for Special Populations (online) (fall 2023 & fall 2024)
 HSC 6910: Supervised Research (spring 2024, summer 2024, fall 2024)
 HSC 6940: Supervised Teaching (fall 2023 & fall 2024)
 HSC 6318: Planning Health Education Programs (online) (spring 22-25 & summer 22-24)
 HLP 7939: PhD Professional Development Seminar (Health and Human Performance) (every spring 2020-present)
 HSC 4950/: Advanced Nutrition Education Methods in the Community (fall 2019 & fall 2020)
 HSC 6950
 HSC 6904: Readings in Health Education (fall 2020)
 HSC 4912: Health Education and Behavior Undergraduate Research (spring 2019-current)

Guest Lecturer:

- HSC 5925: Determinants of Obesity (fall 2019)
 AEC 3065: Issues in Agricultural and Life Sciences (spring 2019)
 HUN 6936: Supervised Teaching in Preventative Health Experience (fall 2018 & fall 2020)

University of Connecticut

Instructor:

- NUSC 1165: Fundamentals of Nutrition, UConn (fall 2012-2016, spring 2018)
 Enrollment: 120 undergraduate major and non-major students
 NUSC 3230: Principles of Community Nutrition, UConn (spring 2012-2017)
 Enrollment: 100 undergraduate nutrition science, dietetics and allied health students
 NUSC 4295: Special Topics: Dietary Supplements and Nutraceuticals, UConn (fall 2011) – new
 Enrollment: 18 undergraduate nutrition science and dietetics students
 NUSC 5398: Special Topics: Advanced Nutrition Education Methods in the Community, UConn (fall 2013) – new, Enrollment: 5 graduate nutritional sciences and public health students
 NUSC 5398: Special Topics: Obesity Assessment, Prevention and Treatment throughout the Lifecycle, UConn (Fall 2017) – new, Enrollment, 12 graduate nutritional science or allied health sciences students and 2 undergraduate senior allied health students

Independent Study, Field Experiences, Honors Thesis, Honors Course Conversions (UConn):

- NUSC 3180: Community Nutrition Experience (2012-2018)
 NUSC 3291: Nutrition Internship (2015-2018)
 NUSC 4299: Independent Study (2013-2018)
 NUSC 4296W: Honors Thesis (2014: Rebecca Albanese; 2018: Allison Contillo, Emily Taylor)

Honors Course Conversions:

- NUSC 4295 (2011:1 student)
 NUSC 3230 (2014: 2 students; 2015:3 students; 2016: 2 students; 2017: 2 students)
 NUSC 1165 (2015: 2 students)

Guest Lecturer:

- NUSC 6319 Research Design and Methods in Nutritional Sciences (spring 2018), UConn
 HDFS 5002 Designing and Evaluating Health and Wellness Interventions (fall 2017), UConn
 HDFS 3095 Food and the American Family (spring 2017), UConn

PSYC 3885 Obesity Prevention Learning Consortium (fall 1014), UConn
 NUSC 4295 Special Topics: Dietary Supplements and Nutraceuticals (fall 2012), UConn

Other Universities

Instructor:

FN 330: Diet Selection and Planning, Purdue University, fall semester (2006-2010)
 Enrollment: 75-112 undergraduate dietetics, nutrition science and non-major students
 FN 530: Public Health Nutrition, Purdue University, spring semester (2007-2009)
 Enrollment: 55-86 undergraduate and graduate nutrition major students
 NFSC 100: Elements of Nutrition, University of Maryland (2003, 2004)
 Enrollment: 40 undergraduate major and non-major students

Graduate Teaching Assistant (laboratory instructor and substitute lecturer):

NFSC 380: Nutrition Assessment (2002-2004), University of Maryland
 NFSC 460: Medical Nutrition Therapy (2003-2005), University of Maryland
 HNFM 314: Experimental Foods (1997), The Ohio State University
 HNFM 350: Quantity Food Production (1996), The Ohio State University

Guest Lecturer:

FN 105: Current Issues in Nutrition and Food Safety (2007-2010), Purdue University
 FN 106: Profession of Dietetics (2007-2011), Purdue University
 FN 190H: Freshman Honors Seminar, Family and Consumer Sciences (2006), Purdue Univ
 FN 290H: Sophomore Honors Seminar, Foods and Nutrition (2006-2010), Purdue University
 FN 315: Fundamentals of Nutrition (2007), Purdue University
 FN 520: Medical Nutrition Therapy (2007), Purdue University
 HSCI 201: Principles of Public Health Science (2007-2011), Purdue University
 HLTH 140: Personal and Community Health (2003, 2004), University of Maryland
 HNFM 210: Fundamentals of Nutrition (1997), The Ohio State University

RESEARCH PRESENTATIONS

International

9/17 Recruitment, Engagement and Retention of Fathers in Research: What do we know?
 Conference of experts on fathers' role on children's weight-related behaviours and outcomes. Hosted by University of Guelph. Toronto, Ontario
 6/15 Initial evidence and future opportunities in engaging fathers of preschool age children in the prevention of childhood obesity. International Society for Behavioral Nutrition and Physical Activity. Edinburgh, Scotland
 5/09 Consumer Research and Educational Tools for the Nutrient Rich Foods Model, International Workshop on Nutrient Richness/ Nutrient Density, Utrecht, The Netherlands

National

10/24 Barriers and Opportunities to Improving Food and Nutrition Security in Early Childhood: Considerations for Rural Communities; Innovations to Impact Nutrition Security and Health in Rural Communities Symposium, Pennsylvania State University, University Park, PA

- 7/24 Using Implementation Science in Early Childhood Nutrition to Close the Gap between Research and Practice, Society for Nutrition Education and Behavior session speaker
- 1/24 Moderator, Ins and Outs of Publishing with JNEB, Society for Nutrition Education and Behavior webinar
- 8/22 Team Science, Session facilitator, Society for Nutrition Education and Behavior annual meeting, Atlanta, GA
- 8/22 Fathers, Food, Fitness and Fun mobile phone app demo – Society for Nutrition Education and Behavior annual conference, virtual playground, Atlanta, GA
- 8/21 Nutrition Education Needs of Parents with Infants and Toddlers, Nutrition Education for the Public DPG, Academy of Nutrition and Dietetics webinar
- 4/20 Initial evidence and future opportunities in engaging fathers of preschool age children in the prevention of childhood obesity, Healthy Eating Research Early Childhood webinar
- 2/20 Engaging fathers of preschool age children in the prevention of childhood obesity, University of California Nutrition Education Cooperative Extension webinar
- 12/19 Discourse Analysis: A Novel Technique for Qualitative Analysis, Society for Nutrition Education and Behavior Webinar
- 7/19 Fathers and Food: Engaging fathers of youth from birth to adolescence in research and nutrition education programs, The Preschool Years, Society for Nutrition Education and Behavior Annual Meeting, Orlando, FL
- 4/19 “Just One More Bite”: Nutrition Education Considerations for Parents of Young Children, NJ Healthy Kids Initiative Symposium, Rutgers University, New Brunswick, NJ
- 4/18 Bridging the Gap: Summer Experiential Learning in Food and Nutrition, United States Department of Agriculture Annual PD Meeting, Washington, DC
- 7/17 Can Community Coaching Enhance Coalitions’ Capacity to Create Healthy Nutrition and Physical Activity Environments for Young Children in Rural Communities? Society for Nutrition Education and Behavior, Washington, DC
- 4/16 Current Limitations and Future Opportunities in Evaluating Behavioral Nutrition Interventions in the Community, Experimental Biology meeting, San Diego, CA
- 7/15 Evaluating the MyPlate Communication Initiative: Evidence to Date and a Call for Crowdsourcing, Society for Nutrition Education and Behavior, Pittsburgh, PA
- 1/14 Food & Fiber Summit, Kellogg Company, Washington, DC
- 10/12 Careers in Dietetics, Future Options to Consider, Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, Philadelphia, PA
- 10/11 Today’s Fiber Deficit: Assessing Opportunities to Fill the Gap: Consumer Insights, Kellogg’s Fiber Roundtable, Chicago, IL
- 3/11 Going with the Grain: Solutions to Achieve 2010 Dietary Guidelines Fiber Recommendations, Society for Nutrition Education and Behavior National Webinar
- 11/10 Novel Approaches to Help Americans Meet Dietary Fiber Intake Goals, American Dietetic Association Food and Nutrition Conference and Expo, Boston, MA
- 4/09 Helping Americans Achieve Better Health with Nutrient Rich Foods: A Scientifically Valid, Consumer Driven Approach Nutrition News Forecast, American Dietetic Association Spokesperson training, Chicago, IL
- 12/08 Nutrient Rich Foods: A Positive Approach to Building Healthy Diets, National Webinar for Health Professionals
- 11/08 Nutrient Rich Foods: A Positive Approach to Building Healthy Diets, ADA Dietitians in Business and Communications and Nutrition Education for the Public Dietetic Practice Groups, National Webinar

- 10/08 Putting the Nutrient Rich Foods Index into Practice: Tools for Consumer Applications, American College of Nutrition Annual Meeting, Washington, DC

Regional/State

- 3/23 Precision Nutrition for Health Equity in Early Childhood Nutrition, The Ohio State University, Department of Human Sciences
- 10/15 Initial Evidence and Future Opportunities in Engaging Fathers Of Preschool Age Children in the Prevention of Childhood Obesity, University of Rhode Island, Department of Nutrition and Food Sciences
- 7/11 The New Dietary Guidelines: Putting Policy into Practice, Florida Dietetic Association Annual Meeting, Weston, FL
- 4/09 Helping Consumers Make Sense of Front of Pack Labeling, Nebraska Dietetic Association Annual Meeting, Lincoln, NE

Local

- 2/24 Using Digital Technology to Prevent Early Childhood Obesity, University of Florida Department of Food Science and Human Nutrition Seminar Series, Gainesville, FL
- 3/16 Community-based Practices and Policies to Prevent Early Childhood Obesity, Mansfield Advocates for Children, Mansfield Town Council, Mansfield, CT
- 3/15 Don't forget about Dad: Novel Approaches to Childhood Obesity Prevention" UConn Center for Health, Intervention and Prevention Obesity seminar, Storrs, CT
- 3/11 Attitudes, Beliefs and Barriers Regarding Milk/Milk Product Consumption in Older Women, Corporate Affiliates, Purdue University
- 2/11 Attitudes, Beliefs and Barriers Regarding Milk/Milk Product Consumption in Older Women, Center for Aging in the Life Course, Purdue University
- 1/11 Community-Based Research to Improve Nutrition Programming and Outreach, Department of Nutritional Sciences, University of Connecticut, Storrs, CT
- 5/09 Nutrition for Sale: Marketing your Nutrition Message to Change Behavior, Nutrient Rich Symposium, Greenwood, IN
- 5/09 Nutrient Rich Foods: A Positive Approach to Building Healthy Diets, May Conference, Purdue University, West Lafayette, IN
- 4/07 Behavioral-based Approaches for Chronic Disease Prevention and Treatment: Tips for Nutrition Practice, Indiana Committee on Renal Nutrition, Indianapolis, IN

Other Presentations or Trainings

- 12/20 & 12/21 Health and Human Performance Graduate School Recruitment webinar, University of Florida, Gainesville, FL
- 10/20 The Importance of Research in Healthcare, Discussion Panel, MHPMP (Minority Health Professional Program) and APSA (American Physician Scientists Association), University of Florida, Gainesville, FL
- 10/19 Graduate Education in Health Education and Behavior at University of Florida, Bethune-Cookman University, Daytona Beach, FL
- 2/19 New Projects Focused on Preventing Early Childhood Obesity, IFAS, Family & Consumer Sciences Monthly Connection Webinar, University of Florida, Gainesville, FL
- 9/18 Novel Approaches to Early Childhood Obesity Prevention, Department of Health Education and Behavior, University of Florida, Gainesville, FL
- 4/11 Facts & Fallacies: Nutrition in the Golden Years, Purdue University Retirement Association

- 9/10 Update of Web-based Nutrition Education Project and Nutrition Education Evaluation Tools Process, Indiana Nutrition Education Programs Annual Training, Indianapolis, IN
- 5/10 Cost Benefit Analysis Project Training, Statewide Webinar, Indiana Family Nutrition Program (SNAP-Ed)
- 4/10 Comparison of Web-based Versus In-Person Nutrition Education Project Training, Statewide Webinar, Indiana Family Nutrition Program (SNAP-Ed)
- 2/10 Environmental and Policy Approaches to Promoting Healthy Eating and Physical Activity in Indiana Communities, Purdue University *Healthy Planet* Symposium, West Lafayette, IN
- 12/09 Front-of-Pack Labeling and Nutrient Rich Foods, Statewide Webinar, Purdue Extension and Indiana Nutrition Education Programs (SNAP-Ed, EFNEP)
- 9/09 Calcium Project Results and New Surveys Review, Indiana Nutrition Education Programs Annual Training, Indianapolis, IN
- 4/09 Small Steps to Health: Impact Evaluation, Priester National Extension Health Conference, Indianapolis, IN
- 4/09 Short-term and Medium-term Evaluation Tools Refresher, Indiana Family Nutrition Program, Statewide Video Teleconference
- 2/09 Influence of a Label Reading Video on Nutrition Knowledge Project Training, Special Webinar, Indiana Family Nutrition Program (SNAP-Ed)
- 4/08 Short-term and Medium-term Evaluation Tools Refresher, Indiana Family Nutrition Program, Statewide Video Teleconference
- 4/08 Healthy Habits for Life, Alpha Chi Omega sorority, West Lafayette, IN
- 12/07 Introduction to New Short-term and Medium-term Evaluation Tools for the Indiana Family Nutrition Program, Statewide Video Teleconference
- 12/07 Calcium Assessment in Low-income Women Project, Statewide Video Teleconference, Indiana Nutrition Education Programs (SNAP-Ed, EFNEP)
- 8/07 Formative Testing Results of New Short-term and Medium-term Evaluation Tools, Indiana Family Nutrition Program Annual Training, Peru and South Paoli, IN
- 7/07 Friend or Foe? Emergency Food Assistance Programs & Clients with a Medical Condition, Indiana TEFAP Advisory Committee, Indianapolis, IN
- 5/07 Social Marketing Overview, Indiana Family Nutrition Program May Retreat, West Lafayette, IN
- 5/07 Certification in Human Subjects Research/Institutional Review Board, Purdue University Indiana Family Nutrition Program, Statewide Video Teleconference
- 3/07 Career Guidance for Graduate Nutrition Students, Penn State Nutrition & Dietetics Alumni Society Mentoring Luncheon, State College, PA
- 4/07 Ask Amy: Answers to Your Most Common Nutrition Questions, Indiana Family Nutrition Program Annual Training, Peru and South Paoli, IN
- 2/07 Meal Planning for Low-Income Audiences Training, Indiana Family Nutrition Program, West Lafayette, IN
- 9/05 Family Mealtime: Connecting Families with Food, Maryland Dietetic Association, Hanover, MD
- 4/02 Feeding Kids in the New Millenium: Challenges and Controversies
Ohio Chapter, Pediatric Nurse Practitioners and Nurse Associates, Dayton, OH
- 4/02 Got Media Skills?
Ohio Chapter, Pediatric Nurse Practitioners and Nurse Associates, Dayton, OH
- 3/02 The Expanding Role of Probiotics in Human Health
The Ohio State University, Columbus, OH
- 3/02 Functional Foods, Past and Present, Columbus Dietetic Association, Columbus, OH

4/01	Have You Fed Your Bones Today? Making the Calcium Connection North American Taiwanese Women's Association meeting, Columbus, OH
3/01	Calcium, Whether You Are 6 or 60, You Never Outgrow Your Need Ohio Dietetic Technicians, Annual Meeting, Columbus, OH
1/01	Calcium, Whether You're 6 or 60, Columbus Dietetic Association, Columbus, OH
11/00	Dairy Council Resources/Get Up and Grow Program Central Ohio WIC Regional Directors Meeting, Columbus, OH
3/00	Calcium throughout the Lifecycle Ohio Society for Public Health Education annual meeting, Columbus, OH
3/00	What's Your Nutrition IQ? Ohio Women's Farm Bureau, Columbus, OH
2/00	Mature Americans, Mind Your Minerals Ohio State University Faculty Emeriti, Nelsonville, OH
6/99	Think Your Drink, Ohio WIC educators' annual meeting, Reynoldsburg, OH
4/99	Nutrition Update: Dietary Approaches to Stopping Hypertension National Student Nurses Association Annual Meeting, Pittsburgh, PA
3/99	The DASH Study: Implementing the Results, Dietetic Association, Columbus, OH
2/98	Beans, Berries and Grapes, Oh My! Ohio Power Show, Columbus, OH
12/97	The Mighty Soybean – Its' Contribution to Nutrition and Health Riverside Methodist Hospital nutrition department, Columbus, OH

Additional Training

2014	Grantsmanship Training Workshop for Health Behavior Researchers, Center for Health, Intervention and Prevention, University of Connecticut
2010	Teaching for Tomorrow Fellowship Program, Purdue University
2009, 2011	Grant Writers' Seminars and Workshops, LLC
2007	Social Marketing Training Academy, Center for Social Marketing College of Public Health, University of South Florida
2007	American Dietetic Association Leadership Institute
2006	USDA/CSREES North Central Regional Integrated Grant Program Workshop
2006	Preventing Childhood Obesity: An Ecological Approach Distance Course Division of Nutritional Sciences & eCornell, Cornell University (6 weeks)
2004	Certificate of Training in Adult Weight Management Commission on Dietetic Registration, American Dietetic Association
1998-2002	Media Spokesperson Training, National Dairy Council

PROFESSIONAL MEMBERSHIPS AND LEADERSHIP ACTIVITIES

Memberships

Academy of Nutrition and Dietetics

- Weight Management Dietetic Practice Group
- Nutrition Education for the Public Dietetic Practice Group
- Public Health/Community Nutrition Dietetic Practice Group
- Nutrition and Dietetic Educators and Preceptors Group

American Society for Nutrition (ASN)

- Nutrition Education and Behavioral Science Research Interest Section (RIS)
- Obesity RIS
- Community and Public Health RIS

Society for Nutrition Education and Behavior

- Higher Education Division
- Research Division
- Children's Division

Florida Academy of Nutrition and Dietetics

- Gainesville Academy of Nutrition and Dietetics

Leadership Activities

American Society for Nutrition (ASN), Nutrition Education and Behavioral Science RIS

- Past-Chair (June 2016-May 2017)
- Chair (March 2015- June 2016)
- Coordinator & Judge, Emerging Leaders in Nutrition Science Poster Competition (2015 & 16)
- Awards committee (2017)
- Major Symposium chair (2016)
- Chair-elect (2014-2015)
- Chair, social media committee (2014-2015)
- Abstract reviewer (2015-2016, 2019- 2023)
- Mentoring Program Steering Committee (2011-2012)
- Chair, Childhood Obesity Prevention Mini-symposium (2015 & 2016)
- Co-chair, Nutrition Education and Behavior Change Mini-symposium (2014)

ASN - other

- Review Committee, Nutrition Scholarship Sponsored by Herbalife Nutrition (2019, 2020)
- Graduate and Professional Education Committee, Student Liaison (2004-2006)

Academy of Nutrition and Dietetics

- Nutrition Education for the Public, Dietetic Practice Group
 - Nominating Committee Chair (June 2024-present)
 - Nominating Committee Chair-elect (June 2023-May 2024)
 - Immediate Past Chair (June 2022-May 2023)
 - Chair (June 2021-May 2022)
 - Chair-elect (June 2020-May 2021)
 - Awards Committee (June 2023)
- Weight Management, Dietetic Practice Group
 - Director, Membership Recruitment and Retention (2008-2009)
 - Associate Director, Membership Recruitment and Retention (2007-2008)
- Representative, Nutrient Rich Foods Coalition (NFRC)- Consumer Communications and Nutrition Behavior Advisory Committee (2007-2013)

Society for Nutrition Education and Behavior

- Secretary, Board of Directors (July 2022-present)
- Search Committee, Editor-in-Chief for Journal of Nutrition Education and Behavior (March-July 2022)
- Journal Committee, Journal of Nutrition Education and Behavior (2018-present)
 - BOD Liaison (2022-present)
 - Best GEM subcommittee, member (2018-present)
- Director-at-Large, Board of Directors (2017-2020)
- Co-Chair, Membership Committee (2017-2020)

- Board Liaison, Student Committee (2017)
- Board Liaison, Weight Realities Division (2017)
- Annual Meeting Research Abstract Reviewer (2014, 2021)
- Annual Meeting Program Proposal Reviewer (2012, 2014)

Kellogg Company, Nutrition Communication and Consumer Behavior Consultant (2010-2013)

Maryland Dietetic Association (2002-2006)

- State Media Spokesperson (2004-2006)
- Nominating & Public Relations Committee (2004-2006)

Columbus Dietetic Association

- Chair, Public Relations (2000-2001)
- Elect, Public Relations (1999-2000)
- Member, “Super Sunday” Annual Race Committee (2000)
- Chair, National Nutrition Month Committee (2000)
- Member, National Nutrition Month Committee (1999)
- Member, Nominating, Scholarships & Awards Committee (1998-1999)

Ohio Nutrition Council (1998-2002)

- President (2001-2002)
- President-Elect (2000-2001)
- Member, Strategic Planning Committee (2000-2002)
- Chair, Publicity & Media Awards (1998-2000)
- Newsletter Contributor (2000-2002)
- State of Ohio Science Fair Judge, Human Nutrition Award (2001, 2002)

The Ohio State University

- Dietetic Internship Advisory Committee Member, Department of Human Nutrition & Food Management (1998-1999)
- Didactic Program in Dietetics Advisory Committee, Department of Human Nutrition & Food Management (1997)
- Vice President, Graduate Society of Nutritional Sciences (1996-1998)

The Pennsylvania State University

- Past President, Nutrition & Dietetics Alumni Society (2005-2006)
- President, Nutrition & Dietetics Alumni Society (2004-2005)
- Member, College of Health and Human Development Alumni Board (2004-2005)
- Vice President, Nutrition & Dietetics Alumni Society (2002-2004)
- Secretary, Nutrition & Dietetics Alumni Society (2000-2002)
- Nominating Committee Chair, Nutrition & Dietetics Alumni Society (2002)
- Student Awards Chair, Nutrition & Dietetics Alumni Society (2001, 2002)

University of Maryland, Food and Nutrition Graduate Society (2002-2006)

- President (2003-2004)

UNIVERSITY SERVICE AND COMMUNITY OUTREACH ACTIVITIES

University of Florida

University

2025-present Member, UF Community Outreach and Engagement Group

College – Health and Human Performance (HHP)

2020-2023 Member (elected), Faculty Affairs Committee (3 year term)
 2019-present Member, Graduate Faculty Committee
 2019-present Member, Graduate Coordinators
 2019-present Member, Curriculum Committee
 2019-present Member, Assessment Committee
 2019 Member, Search Committee, Assistant Dean of Faculty Affairs
 2018 Member (elected), Tenure and Promotion (T&P) Committee

Department –Health Education and Behavior (HEB)

2022-2023 Co-Chair, Undergraduate and Graduate Program Recruitment Committee
 2021-2022 Member, Florida Board of Governors' Academic Program Review of HEB
 Graduate Programs
 2021-present Chair, MS Admissions Committee
 2020-2022 Member, Curriculum Committee
 2019-present Chair, Graduate Program Advisory Committee
 2019-present Member, HEB Leadership Council
 2019-present Member, Course Scheduling Committee
 2018-present Member & Chair (2018), Academic Personnel (T&P) Committee
 2019-present Member, HEB MS Online Committee
 2019-2020 Member, Tenure Track Faculty Search Committee
 2018-2019 Chair, Search Committee, Mary F. Lane Endowed Professorship
 2018-2019 Chair, Search Committee, Associate/Full Professor
 2018-2019 Member, Search Committee, Department Chair
 2018 Chair, Recognition Committee

University of Connecticut

University

2018 Elected member, University Senate
 2017 Grant Panel, UConn InCHIP Graduate Student Research Seed Grant
 2016 Grant Panel, Research Excellence Program, Office of the Vice President for Research
 2016 Grant Panel, UConn/UConn Health Dental School Interdisciplinary Grant program, InCHIP
 2016-2018 Interdisciplinary Graduate Certificate in Obesity Prevention Committee, InCHIP
 2015-2016 Centers & Institutes Re-Envisioning Committee, University of Connecticut
 2014 NEASC Accreditation subcommittee, University of Connecticut
 2014 Connecticut Institute for Clinical and Translational Science/Center for Health, Intervention and Prevention Obesity Research Interest Group Leadership Team
 2014 CHIP Obesity Research Seed Grant reviewer

College – Agriculture, Health and Natural Resources (CAHNR)

2017 Public Health Undergraduate Major, Exploratory Committee

2015	Sustainability Graduate Program Development Committee
2015 & 2016	Undergraduate commencement ceremony marshal
2015	Open House, incoming undergraduate students
2015	UConn Reads CAHNR/CLAS Event, Food Expert “Life raft” Debate
2014	Graduate Research Forum Judge
2012-2018	Cooperative Extension and Engagement Committee
2012-2016	Cornucopia Fest Planning Committee

Department – Nutritional Sciences

2017	Promotion, Tenure and Reappointment (PTR) Committee
2016	Merit Committee
2016	Chair, Search Committee, EFNEP Director
2015-2017	Departmental Seminar, Co-Coordinator
2011-2018	Graduate Education Committee
2011-2013	Diet & Health Initiative, Research Committee

Purdue University

2010-2011	Advisor, War on Hunger student interest group, Purdue Chapter
2009-2010	Healthy Planet Wellness Week, Nutrition Committee Chair, Purdue University
2009-2010	Eat Healthy, Move More, Live Well Theme Advisory Group (TAG) member, Purdue University Extension
2009-2010	Issue Based Action Team (IBAT), Healthy Eating Move More Website (\$2500 funded), Purdue University Extension
2008-2011	Interdepartmental Nutrition Graduate Program Admissions Committee
2008-2009	Mary Louise Foster award selection committee, College of Consumer and Family Sciences
2007-2010	Annual (May) conference committee, Department Foods and Nutrition
2007-2011	Spring Fest committee, Department of Foods and Nutrition
2007-2008	<i>Bone Zone</i> educational outreach exhibit committee, Dept Foods and Nutrition
2006-2011	Awards committee, Department of Foods and Nutrition
2006-2010	Hall of Fame committee, Department of Foods and Nutrition

Local or Statewide (CT, IN, OH)

2014-2015	“Let’s Go” Obesity Prevention Advisory Committee, Windham Public Schools
2012-2018	Health Services Advisory Committee, Manchester Head Start Program
2011-2014	Connecticut Coalition Against Childhood Obesity
2011-2012	Team Nutrition Grant Advisory Committee, Connecticut State DOE
2011	Scholarship Selection Committee, Indiana Dietetic Association
2007-2011	Indiana Advisory Committee, The Emergency Food Assistance Program
2006-2011	Family Nutrition Program (SNAP-Ed) Advisory Board, Purdue Extension
2006-2008	Action for Healthy Kids Initiative, Indiana
2006-2008	INSight Youth Corps, Indiana Department of Health, Advisory Partner
2007-2008	Governor’s INShape Summit Committee
2007-2008	Indiana Department of Health, Youth Summit Planning Committee
2005-2006	“Take 15 for the family...For the Health of It” Statewide Initiative, Office of Maryland First Lady Kendel Ehrlich, Maryland Dietetic Association
2003-2006	Action for Healthy Kids Initiative, Maryland
2002-2006	Maryland Healthy Eating and Physical Activity Coalition

2001-2002	Ohio Alliance for Cardiovascular Health, Ohio Department of Health
2001	Cardiovascular Health Coalition, Columbus Health Dept.
2001	Franklin County Coordinated School Health Coalition
1999-2000	Community Health Task Force, American Heart Association, Ohio

PERSONAL ACHIEVEMENTS

Long Distance Road Races (13.1 miles or greater)

Half-Marathon Finisher (n=14)

Jan 2025	Walt Disney World half-marathon, Orlando, FL
Dec 2024	Space Coast half-marathon, virtual
May 2024	Pittsburgh half-marathon, Pittsburgh, PA
Feb 2024	Daytona 2 Beach half-marathon, Daytona Beach, FL
Nov 2023	Space Coast half-marathon, virtual
Feb 2023	Publix Gasparilla half-marathon, Tampa, FL
Feb 2022	DONNA half-marathon, Jacksonville Beach, FL
Nov 2022	Space Coast half-marathon, virtual
Nov 2022	Tom Walker half-marathon, Gainesville, FL
Feb 2020	LifeSouth half-marathon, Gainesville, FL
Jan 2019	Walt Disney World half-marathon, Orlando, FL
May 2018	Mystic half-marathon, Mystic, CT
Oct 2017	Hartford Marathon 2-person relay team, Hartford, CT
May 2011	500 Festival Mini-Marathon, Indianapolis, IN

Marathon Finisher (n=4)

Jan 2025	Walt Disney World Marathon & Dopey Challenge, Orlando, FL
Nov 2024	New York City Marathon, New York, NY; member of the <i>Action for Healthy Kids</i> team and individually raised >\$3,000 for charity
Jan 2024	Walt Disney World Marathon & Dopey Challenge, Orlando, FL
Jan 2023	Walt Disney World Marathon, Orlando, FL