

University of Florida College of Health and Human Performance Department of Applied Physiology & Kinesiology Graduate Athletic Training Education Program

Spring 2021 Course Syllabus

COURSE INFORMATION:

PET 5936: Residency in Athletic Training (3 credits) Meeting Times: Thursdays, 10:40 AM - 1:40 PM Meeting Location: YH 11

INSTRUCTOR:

Dr. Brady L. Tripp PhD, ATC Clinical Assistant Professor Director, Graduate Athletic Training Program Office Location: FLG 148 Office: (352) 294-1725 E-mail: trippb@ufl.edu Office Hours: by appointment

COURSE DESCRIPTION:

The Athletic Training Residency Program is a structured series of post-professional didactic and practical experiences for Certified Athletic Trainers designed to deepen their theoretical understanding of the profession, enhance their critical thinking ability, and further develop a specialized body of knowledge and skills through research and scholarship. The Residency Program prepares Certified Athletic Trainers for leadership in clinical service, education, and administration. Students chose an Area of Residency Specialization, around which to plan series of didactic and clinical experiences. Students chose from four areas of specialization related to faculty expertise; and the clinical, administrative, teaching, and research components of the Graduate Athletic Training Education Program. The areas of specialization are: 1) Education, 2) Orthopedics, 3) Sport Biomechanics and 4) Strength and Conditioning.

Each student identifies an Area of Residency Specialization and drafts a list of specific Residency Objectives (goals) to achieve. Each objective is designed to demonstrate mastery of advanced knowledge and skills appropriate to the Area of Residency Specialization. Students then draft an Individualized Residency Plan (IRP) outlining the didactic and clinical experiences they will complete to help them achieve their Residency Objectives. There are two required Residency Objectives regardless of the Area of Residency Specialization chosen, 1) submission of a Competitive Paper and 2) a Capstone Project. Each Objective should describe a specific goal, desired results and guidelines (identify what is to be done and when).

Competitive Paper - Professional quality paper with a focus on a topic relative to the area of specialization submitted to a peer-reviewed publication or for presentation at an appropriate professional conference or symposium. Papers are approved by the instructor and may include (but are not limited to) case reports, formal literature reviews, original research, essays or position statements.

Capstone Project - A project demonstrating mastery and integration of skills and competencies gained through the Residency. Projects are approved by the instructor and may include but are not limited to case reports, formal literature reviews, original research, academic or professional reports (internal or external Athletic Training Education Program documentation), position statements, community service (coordination, administration and delivery of Athletic Training services) or other scholarly materials or activities (presentations, workshops, instructional tools, etc.). The comprehensive paper required for the Masters degree may count as a component of the Capstone Project.

Elements of Semester Individualized Residency Plans

- 1. **Residency Objectives** indicate and detail each objectives the Resident will achieve during the semester
- 2. **Resources** / **Methods** identify the resources and methods that the Resident will follow to accomplish the identified Residency Objectives. Indicate the specific didactic and practical experiences planned.
- **3.** Accountability describe specific objective standards of performance and the time of evaluation. Include a schedule of monthly meetings with instructor to present IRP Activity Reports including progress reports of IRP accomplishments and reflective journal entries.
 - Semester Accountability Report (review specific objectives and criteria for each semester)
 - Monthly Accountability Sessions (review specific objectives and criteria for each month)
 - Competitive Paper (submitted by:)
 - Capstone Project (completed by:)
- 4. **Consequences** specify positive and negative consequences, what does and will happen as a result of the evaluation.

REQUIRED TEXTS AND MATERIALS:

Reading materials will be available on the class web page (Sakai) or the instructor will provide soft or hard copies in person. Students are also expected to be able to search and critically-review recent literature and therefore are responsible for gaining access to peer-reviewed sources via online databases or University library holdings.

TEACHING STRATEGIES:

Course material will be presented through in-person meetings, online discussions and practical experiences with 3.0 contact hours per week. This class will consist primarily of discussions and hands-on clinical practice.

COURSE POLICIES:

Each student demonstrates comprehension of material through completion of a Competitive Paper, Capstone Project and other Residency Objectives.

Student Conduct Policy:

- All students are expected to conduct themselves in a respectful and responsible manner
- All students are expected to be on time for class
- All students are expected to turn off or silence their cell phones
- All students are expected to not participate in actions that may disrupt the class

The instructor reserves the right to ask any student to leave the classroom if the student violates any the above class procedures.

GRADING CRITERIA:

Competitive Paper	50%
Capstone Project	50%
TOTAL GRADE	100%

<u>Note</u>: When the decimal is .5 or below the grade is rounded down to the nearest whole number. If the decimal is .6 or above the grade is rounded up to the nearest whole number.

A	90 - 100
B +	87 - 89
B	80 - 86
C+	77 - 79
С	70 - 76
D+	67 - 69
D	62 - 66
E	Below 62

COURSE SCHEDULE AND TOPIC OUTLINE:

Weeks 1-2: Review of Residency Objectives for each Specialization

Weeks 3-4: Elements of Individualized Residency Plans, Monthly Accountability Review

Weeks 5-6: Competitive Paper and Capstone Project Criteria

Weeks 7-8: Education in Athletic Training, Monthly Accountability Review

Weeks 9-10: Recent Advances in Orthopedics Related to Athletic Training

Weeks 11-12: Application of Sport Biomechanics and Strength and Conditioning in Athletic

Training, Monthly Accountability Review

Weeks 13-15: Semester Accountability Review, Capstone Projects Review

COLLEGE/UNIVERSITY-WIDE POLICIES:

Academic Honesty: UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The <u>Honor Code</u> specifies a number of behaviors that are in violation of this code and the possible sanctions.

Furthermore, you are obliged to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult the instructor.

Academic Assistance and Student Services: Students who are in need of academic, career, or personal counseling services are encouraged to see the <u>academic assistance website</u> for further information on available services.

ADA Policy: Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the Disability Resource Center by visiting their <u>Get Started</u> page. It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

Campus Resources: U Matter, We Care: Your well-being is important to the University of Florida. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact <u>umatter@ufl.edu</u>; a nighttime and weekend crisis counselor is available by phone at 352.392.1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.

University Police Department: 392.1111 or 9-1-1 for emergencies

Counseling and Wellness Center: 352.392.1575; Sexual Assault Recovery Services (SARS) Student Health Care Center, 352.392.1161.

Career Resource Center: Reitz Union, 352.392.1601

Cell Phone/Text Messaging Policy: Students will not engage in text messaging or access their cellular telephones during class time. Faculty will award special considerations at his discretion.

Confidentiality: The University ensures the confidentiality of student educational records in accordance with State University System rules, state statutes and <u>FERPA</u>, the Family Educational Rights and Privacy Act of 1974, as amended, also known as the <u>Buckley Amendment</u>.

Course Grading Policy: Students will earn their course grade based on completion of coursework as outlined in the Grading Criteria listed above. Percentage calculations are rounded up at ".6 or above" and rounded down at ".5 or below". For more information regarding Grade Point Averages, Grade Values, etc. please visit the University registrar website.

Course Evaluations: Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available <u>here</u>. Students will be notified when the evaluation period opens and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or <u>here</u>. Summaries of course evaluation results are available to students <u>here</u>.

Covid-Related: We will have face-to-face instructional sessions to accomplish the student learning objectives of this course. In response to COVID-19, the following policies and requirements are in place to maintain your learning environment and to enhance the safety of our in-classroom interactions.

- You are required to wear approved face coverings at all times during class and within buildings. Following and enforcing these policies and requirements are all of our responsibility. Failure to do so will lead to a report to the Office of Student Conduct and Conflict Resolution.
- This course has been assigned a physical classroom with enough capacity to maintain physical distancing (6 feet between individuals) requirements. Please utilize designated seats and maintain appropriate spacing between students. Please do not move desks or stations.
- Sanitizing supplies are available in the classroom if you wish to wipe down your desks prior to sitting down and at the end of the class.
- Follow your instructor's guidance on how to enter and exit the classroom. Practice physical distancing to the extent possible when entering and exiting the classroom.
- If you are experiencing COVID-19 symptoms (<u>Click here for guidance from the CDC on symptoms of coronavirus</u>), please use the UF Health screening system and follow the instructions on whether you are able to attend class. <u>Click here for UF Health guidance on what to do if you have been exposed to or are experiencing Covid-19 symptoms</u>.
- Course materials will be provided to you with an excused absence, and you will be given a reasonable amount of time to make up work. Find more information in the university attendance policies.

Email and E-Learning Policy: Students are required to check their University of Florida email and E-Learning Course account daily. Dissemination of reminders and course material may occur via email or through announcements in Canvas; it is the student's responsibility to read and respond (if appropriate). <u>*E-learning Help Desk*</u>: Technical support: 352.392.4357 (select option 2) or e-mail to <u>Learning-support@ufl.edu</u>

Last Day to Withdraw: In order to withdraw from a course it is not sufficient simply to stop attending class or to inform the instructor of your intention to withdraw. In accordance with college policy, contact your adviser to begin the withdrawal process. To view the last day for withdrawal see <u>here</u>.

Library Resources Support

Student Responsibility for Course Prerequisites: Students are responsible to have satisfied all published prerequisites for this class. Please review the prerequisites and discuss any questions with your instructor and/or your academic advisor.

Student Complaints Process

Teaching Center: General study skills and tutoring; Broward Hall, 352.392.2010 or 352.392.6420.

Writing Studio: Formatting and writing papers assistance