

Movement Neuroscience

APK4144 | Class # 10524 | 3 Credits | Fall 2023

Connect with HHP



Course Info

INSTRUCTOR

Shahab Vahdat, PhD

Office: FLG 139

Office Phone: (352) 294-1618

Email: svahdat@ufl.edu (Contact via Canvas)

Preferred Method of Contact: **Message via Canvas**

OFFICE HOURS

office hours are Thursdays period 4 or by appointment

MEETING TIME/LOCATION

FLG 245, R | Period 7 – 8 (1:55 PM - 3:50 PM)

FLG 245, T | Period 7 (1:55 PM - 2:45 PM) – Occasionally

COURSE DESCRIPTION

Covers both anatomical and physiological aspects of movement-related components of the nervous system from a functional perspective. Topics include: neuronal signaling; synaptic transmission, somatosensation; proprioception; nociception; vision and eye movements; vestibular; audition; lower vs. upper motor neurons; cortical, basal ganglia and cerebellar regulation of movement; and cognition

PREREQUISITE KNOWLEDGE AND SKILLS

(APK 2100C and APK 2105C with minimum grades of C) and (sophomore standing or higher) and Applied Physiology and Kinesiology major.

REQUIRED AND RECOMMENDED MATERIALS

Neuroscience Seventh or Sixth Edition - Editor: Purves et al.

This textbook is also available as an ebook from Redshelf: <https://redshelf.com/book/813174/>

Textbook website with animations, flashcards, etc: https://oup-arc.com/access/neuroscience-sixth-edition-student-resources#tag_animations

Copies of the lecture slides will be posted on the CANVAS course website.

COURSE FORMAT

This is a flipped classroom. All the lectures are pre-recorded and posted on Canvas. Typically, there is no meeting on Tuesdays (unless specified). Before attending the class on Thursdays, students are required to watch a video lecture, go over a textbook chapter, and submit an assignment. Thursday meetings are dedicated to

active learning, including Q&A session, discussion of assignment questions, poll questions for extra credits, and quizzes.

COURSE LEARNING OBJECTIVES:

The course provides an in-depth overview and treatment of the sensory and motor systems of the nervous system responsible for regulating movement. By the end of this course, students should be able to:

- Describe electric signaling of nerve cells and synaptic transmission as they pertain to movement.
- Elaborate how sensory systems including somatosensory (proprioception, touch, pain), visual, auditory, and vestibular systems, relate to movement.
- Discuss each sensory system's peripheral anatomy and physiology, as well as central brain physiology for processing each type of sensory signal.
- Define the function of lower motor neurons, upper motor neurons, cortical physiology of movements, basal ganglia physiology, cerebellar physiology, posture, and eye movements.
- Understand mechanisms of higher-level cognitive function, speech and language motor control, as they relate to movement.

Students should also be able to integrate across all the above topics to demonstrate a holistic understanding of how the central nervous system controls movement.

Course & University Policies

ATTENDANCE POLICY

Although there are no points for attendance directly, students are required to attend the class on Thursdays to take the quiz and get extra credits by answering the poll questions. There will be 12 in-class quizzes throughout the semester. To be able to take the weekly quizzes student are required to attend the class.

PERSONAL CONDUCT POLICY

Students in this class must adhere to the UF Student Honor Code and will be reported for failure to do so. UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code." On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions.

Furthermore, as students in this course, you are obliged to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult the instructor in this class. It is important to the learning environment that you feel welcome and safe in this class; and that you are comfortable participating in class discussions and communicating with me on any issues related to the class. If your preferred name is not the name listed on the official UF roll, please let me know as soon as possible by e-mail or otherwise. I would like to acknowledge your preferred name, and pronouns that reflect your identity.

EXAM MAKE-UP POLICY

A student experiencing an illness should visit the UF Student Health Care Center or their preferred healthcare provider to seek medical advice and obtain documentation. If you have an illness, family emergency or death, please contact the Dean of Students Office (www.dso.ufl.edu) and follow the DSO Care Team procedures for documentation and submission of a request for make-up assignment (<https://care.dso.ufl.edu/instructor-notifications/>). The DSO will contact the instructor. Do not provide any documentation to the instructor regarding illness or family emergency. This is your personal and protected information. The DSO is qualified to

receive and verify the documents you provide. The instructor will follow the recommendations from the DSO. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalog at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

ACCOMMODATING STUDENTS WITH DISABILITIES

Students requesting accommodation for disabilities must first register with the Dean of Students Office (<https://disability.ufl.edu/students/get-started/>). The Dean of Students Office will provide documentation to the student who must then provide this documentation to the instructor when requesting accommodation. You must submit this documentation prior to submitting assignments or taking the quizzes or exams.

Accommodations are not retroactive, therefore, students should contact the office as soon as possible in the term for which they are seeking accommodations.

COURSE EVALUATIONS

Students in this class are participating in GatorEvals. This evaluation system is designed to be more informative to instructors so that teaching effectiveness is enhanced and can be more seamlessly linked to UF's CANVAS learning management system. Students can complete their evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Thank you for serving as a partner in this important effort.

PRIVACY

A "class lecture" is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

Publication without permission of the instructor is prohibited. To "publish" means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.

Getting Help

HEALTH & WELLNESS

- U Matter, We Care: If you or a friend is in distress, please contact umatter@ufl.edu or 352 392-1575
- Counseling and Wellness Center: <https://counseling.ufl.edu/>, 352-392-1575
- Sexual Assault Recovery Services (SARS) - Student Health Care Center, 392-1161

- University Police Department, 392-1111 (or 9-1-1 for emergencies) <http://www.police.ufl.edu/>

ACADEMIC RESOURCES

- E-learning technical support, 352-392-4357 (select option 2) or e-mail to Learning-support@ufl.edu. <https://lss.at.ufl.edu/help.shtml>
- Career Connections Center, Reitz Union, 392-1601. Career assistance and counseling. <https://career.ufl.edu/>
- Library Support, <http://cms.uflib.ufl.edu/ask>. Various ways to receive assistance with respect to using the libraries or finding resources.
- Teaching Center, Broward Hall, 392-2010 or 392-6420. General study skills and tutoring. <http://teachingcenter.ufl.edu/>
- Writing Studio, 302 Tigert Hall, 846-1138. Help brainstorming, formatting, and writing papers. <http://writing.ufl.edu/writing-studio/>
- Student Complaints On-Campus: <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/> On-Line Students Complaints: <http://distance.ufl.edu/student-complaint-process/>

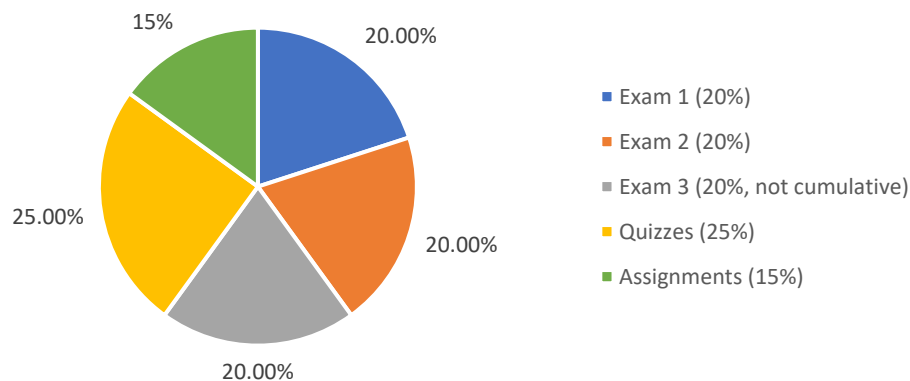
Civility, Accessibility and Community Resources

For suggestions or concerns, please reach out to any of the following:

- Dr. Ashley Smuder, APK Culture and Engagement Committee Chair, asmuder@ufl.edu
- Dr. Stephen Coombes, APK Graduate Coordinator, scoombes@ufl.edu
- Dr. Joslyn Ahlgren, APK Undergraduate Coordinator, jahlgren@ufl.edu

Grading

Grade Breakdown



ASSIGNMENTS - There will be 12 assignments throughout the semester. Students may form study groups to discuss the questions, but the final answers to at least 3 questions of their choice should be written individually by each student. The assignments are due by 9 pm on Wednesdays, unless specified otherwise. Students may use course materials and their own notes. The answer to each question should be in a paragraph form, keeping writing as concise as possible. The lowest assignment score will be dropped and not included in the final assignment grade. Rubric for assignment points are as follows:

Satisfactory	2 pts	<ul style="list-style-type: none"> - Defines, describes and illustrates concepts - Explains, assesses and criticizes ideas - Demonstrates preparation and reading of assignments
Basic	1 pts	<ul style="list-style-type: none"> - Defines and describes some concepts - Partially explains but cannot assess and criticize ideas - Clearly unprepared and lacking evidence of reading
Unacceptable	0 pt	<ul style="list-style-type: none"> - Refuses to engage in discussion/answer questions - Not present or no submission of answers to discussion

QUIZZES – There will be 12 quizzes administered in class using Canvas. The quiz might address a topic that has been presented through video or live lectures, discussed during the module, and/or assigned reading. You must answer each question before moving on to the next question. You CANNOT go back and change answers to questions. No class materials, notes, or other sources can be used during the quizzes. The lowest quiz score will be dropped and not included in the final quiz grade.

* All Quizzes and Exams include True and False, Multiple choices. Using your ebook or textbook is not allowed.

Extra Credit - Students can earn up to 120 points (equal to 3% of the total grade) of extra credit on this course. Extra credits can be earned by correctly answering poll questions presented during the class. 4 points will be given for session participation (answering at least 75% of poll questions), and a total of additional 6 points can be earned when answering all poll questions correctly (10 total points per session).

Depending on availability, there may be the possibility of participating as a subject in an approved research study. Approved studies are those ONLY posted on CANVAS, and students may earn up to 1% extra credit for participation. If you do participate in an approved study, the study coordinator will give your name to me at the *end of the semester*.

GRADING SCALE

The instructor will make every effort to post quiz and exam scores on canvas within one week of the assessment.

More detailed information regarding current UF grading policies can be found here:

<https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/>.

Any requests for extra credit or special exceptions to these grading policies will be interpreted as an honor code violation (i.e., asking for preferential treatment) and will be handled accordingly.

A (4.0)	93 – 100%	C (2.00)	73 – 76.99%
A- (3.67)	90 – 92.99%	C- (1.67)	70 – 72.99%
B+(3.33)	87 – 89.99%	D+(1.33)	67 – 69.99%
B (3.00)	83 – 86.99%	D (1.00)	63 – 66.99%
B- (2.67)	80 – 82.99%	D- (0.67)	60 – 62.99%
C+(2.33)	77 – 79.99%	E (0.00)	LESS THAN 60%

Weekly Course Schedule

Dates	Lecture topic	Quiz	Assignment 9pm day before
Aug 24	Orientation and introduction		
Aug 31	Module 1 – Studying the Nervous System, CH 1	Quiz 1	Assignment 1
Sept 7	Module 2 – Neural Signaling, CH 2	Quiz 2	Assignment 2
Sept 14	Module 3 – Synapses, CH 5	Quiz 3	Assignment 3
Sept 21	Module 4 – Somatosensation, CH 9-10	Quiz 4	Assignment 4
Sept 26	Exam 1 Review		
Sept 28	Exam 1 (covers Modules 1-4)		
Oct 5	Module 5 – Vision 1, CH 11	Quiz 5	Assignment 5
Oct 12	Module 6 – Vision 2, CH12	Quiz 6	Assignment 6
Oct 19	Module 8 – Balance and Posture, CH 14	Quiz 8	Assignment 8
Oct 26	Module 9 – Lower Motor Neurons, CH 16	Quiz 9	Assignment 9
Oct 31	Exam 2 Review		
Nov 2	Exam 2 (covers Modules 5, 6, 8, 9)		
Nov 9	Module 10 – Upper Motor Neurons, CH 17	Quiz 10	Assignment 10
Nov 16	Module 11 – Basal Ganglia, CH 18	Quiz 11	Assignment 11
Nov 21	Module 12 – Cerebellum, CH 19		Assignment 12
Nov 23	Thanksgiving Break		
Nov 30	Module 12 – Cerebellum, CH 19 Module 14 – Cognition, CH 27	Quiz 12 Quiz 14	Assignment 14
Dec 5	Exam 3 Review		

****Exam 3 (covers Modules 10, 11, 12, 14)** will occur during Final Exam time scheduled for this course on 12/13/2023 @ 3:00 PM - 5:00 PM at FLG 245.

SUCCESS AND STUDY TIPS

Students that perform best in this class have high attendance, watch the lecture videos and complete the readings prior to class. By watching video lectures before the class and doing assignments, you can make use of the extra credit questions and perform well in the quizzes. Make sure you prepare for and actively participate in Exam review sessions before each exam.