



Q1.
APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.

The **Department of Applied Physiology and Kinesiology** (APK) at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all **undergraduates** complete a 12-credit internship experience in their final semester of study. The experience requires a minimum of 520 clock hours or 35-40 hours a week for 15 weeks, for the Fall and Spring semesters, or 40-45 hours a week for 13 weeks during the Summer semester. **Graduate** students in the Human Performance concentration may elect to complete between 3 - 9 credits of internship to count towards their degree. Each registered credit of graduate internship requires a minimum of 48 clock hours be completed and a graduate student must register for at least 3 credits in any semester they intend to complete an internship. Therefore, a graduate student will be required to complete between 144 - 432 hours during their internship. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest. A brief description of our undergradaute and graduate programs is below:

APK Undergraduate Program: Prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agencies, to pursue graduate study in kinesiology, OR to pursue graduate study in a health profession requiring education beyond an undergraduate degree. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. Students may pursue internship opportunities in healthcare, research, fitness, or other areas of human performance.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students may be trained to be an integral part of the health care team that administers, assesses, and develops programs for clinical populations.

Please review the <u>APK Internship Policies and Procedures</u> Document to gain a better understanding of the expectations of students and site supervisors during the experience.

Q5. Organization Name
North Florida Rehabilitation & Specialty Care
Q6. Organization Location(s) - Include Addresses Of All Locations To Be Included As Part Of This Approval
6700 NW 10th Place Gainesville Fl. 32605
Q10. URL of Website For Organization
https://centers.consulatehealthcare.com/ll/US/FL/Gainesville/6700-N_W10th-PI_
Q7. Name of Individual Who Will Receive Applications From Students
Kim Rodriguez
Q8. Email Address of Individual Who Will Receive Applications From Students
kim.rodriguez@consulatehc.com
Q9. Phone Number of Individual Who Will Receive Applications From Students
352-331-3111 Ext. 305
Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations
Cheryl Rodgers

 $\it Q12.$ Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations

cheryl.rodgers@consulatehc.com		
Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations		
352-331-3111 Ext. 313		
Q14. What Semester(s) Is Your Organization Available To Accept Interns? (select all that apply)		
✓ Fall (August - December)✓ Spring (January - April		
✓ Summer (May - August)		
Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those o graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply	ıf	
✓ Undergraduate Students ☐ Graduate Students		
Q16. How many interns is your organization willing and able to support per semester?		
6		
Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.		
Day shift is 7am - 7pm, night shift is 7pm - 7am, every other weekend with 3 days one week and 4 days the following week.		
Q18. Does your organization offer non-paid or paid internships?		
○ Non-paid		
Paid (amount) 10.75/hr.		

tc.)
Full time recieves health, vision, dental, 401k after 3 mo.
222. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)
Scrubs and slip resistant shoes (no crocs)
223. List required skills or previous experience necessary for interning with your organization
The preferred applicant will have skilled nursing experience or healthcare experience.
224. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, iability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, eackground check)
CNA license, CPR, level 2 background check (company provided).
Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:
223. Frovide a bulleted list of duties/responsibilities your organization expects to be fulfilled by litterns.
-Provide care to the residents on your hall including: Helping residents move from bed to wheelchair safely, help with feeding, assistance to the restrooms, and bed baths or assisted showersProvide great customer serviceAlways show up to work on time.

Q26. Please describe a typical day for the intern:

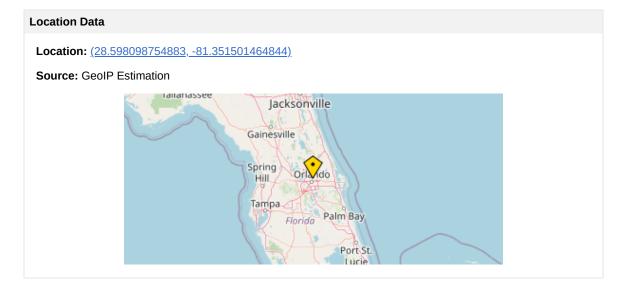
Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement,

Helping residents move from bed to wheelchair safely, help with feeding, assistance to the restrooms, and bed baths or assisted showers.		
Q28. All Interns (undergraduate and graduate) MUST b Learning Outcomes (SLO's), though evaluation of all 9 the duties/responsibilities provided to interns at your org	is preferred. Please check each SLO that applies to	
Integrate principles and methods of math, social sciences, and/or ✓ arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments.	Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments.	
Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity.	Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking.	
Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems).	Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context.	
Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles.	Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects.	
Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity.	·	
Q33. Name of APK student that requested the site appr	roval form from you (if applicable)	
Q29. Would you like to be added to the Department's lis	st of approved sites for future interns?	
YesNo		
Q32. Have you reviewed the APK Internship Policies ar	nd Procedures Manual?	
YesNo		
Q30. Signature of Individual Who Will Be Receiving Inte	ernship Applications	



Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship





Approved: 10.19.21

Blain Harrison

Blain Harrison - APK Internship Coordinator