

**FOUNDATIONS OF HEALTH EDUCATION**  
**HSC 3032 (section 3705)**  
**Fall Semester – 2008**

**Meeting Times/Places**

Tuesday – 10:40 – 11:30 a.m.  
 Thursday – 9:35 – 11:30 a.m.  
 FLG Building – Room 245

**Instructor:** Dennis L. Thombs, PhD, FAAHB  
 Associate Professor – Department of Health Education and Behavior  
**Telephone:** (352) 392-0583, ext. 1361  
**email:** [dthombs@hhp.ufl.edu](mailto:dthombs@hhp.ufl.edu)  
**Office:** FLG – Room 23  
**Office Hours:** Mondays 11:00 - 4:00 p.m. (appointments are also welcome)

**Graduate Teaching Assistant:** Ms. Jennifer Reingle, MS  
**email:** [jreingle1@hhp.ufl.edu](mailto:jreingle1@hhp.ufl.edu)  
**Office:** FLG – Room 71

**Catalog Description:** Theory and practice in the health education profession.

**Text**

Simons-Morton, B.G., Greene, W.H., & Gottlieb, N.H. (1995). Introduction to Health Education and Health Promotion (2nd edition). Prospect Heights, Ill: Waveland Press.

**Course Schedule and Reading Assignments**

Week of:  
 August 25th ..... Health Status – Definitions, Measurement, and National Priorities  
 Reading: Chapter 1.

Week of:  
 September 1st ..... Overview of Health Professions and Organizations  
 Reading: Chapter 3.

Week of:  
 September 8th ..... Foundations of Health Education and Health Promotion  
 Reading: Chapter 4.

**Tuesday, September 16<sup>th</sup> ... EXAM ONE (Chapters 1, 3, 4 and class material)**

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Week of:  
 September 15th..... Basic Principles of Needs Assessment and Planning  
 Reading: Chapter 5.

**Course Schedule and Reading Assignments - continued**

Week of:

September 22nd..... Fundamentals of Intervention Programming  
Reading: Chapter 6.

Week of:

September 29th..... Evaluation Principles  
Reading: Chapter 8.

**Tuesday, October 7th..... EXAM TWO (Chapters 5, 6, 8 and class material)**

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Week of:

October 6th..... Knowledge, Attitudinal, and Motivation Theories  
Reading: Chapter 9.

Week of:

October 13th ..... Behaviorism  
Reading: Chapter 10.

Week of:

October 20<sup>th</sup> ..... Social Cognitive Theory  
Reading: Chapter 11.

**Thursday, October 23<sup>rd</sup>.... NO CLASS**

Week of:

October 27th..... Organizational Change  
Reading: Chapter: Chapter 12.

Week of:

November 3rd..... Community and Social Change  
Reading: Chapter 13.

Week of:

November 10<sup>th</sup> ..... Community and Social Change  
Reading: Chapter 13.

**Tuesday, November 11th.... Veteran's Day - NO CLASS**

**Tuesday, November 18th EXAM THREE (Chapters 9, 10, 11, 12, 13 and class material)**

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Week of:

November 17th..... Professional Issues in Health Education and Health Promotion  
Reading: Chapter 14.

Week of:

November 24th..... Practice Settings  
Readings: Chapter 15.

**Thursday, November 27<sup>th</sup> Thanksgiving – NO CLASS**

Week of:

December 1<sup>st</sup> ..... Trends in Society and the Profession  
Readings: Chapter 16.

**Tuesday, December 9th EXAM FOUR (Chapters 14, 15, 16 and class material)**

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**Student Evaluation**

Final grades will be based on your performance on four objective tests (multiple choice & true-false questions) and 3 of 4 “pop” quizzes. Each exam score will represent 20% of your final grade. The mean score of the 3 highest pop quiz grades will represent the remaining 20% of your final grade. The lowest of the 4 pop quiz grades will be dropped. Pop quizzes will not be announced and can only be completed in class the day of their administration. Exam four is not a comprehensive exam. Because I believe it is unfair to students who do not request such work, there will be no opportunities for “extra-credit.”

If you find yourself having difficulty with the course content, the readings, the presentation, or my lectures, please see me early in the semester. Though I want to challenge you, it is important to me that you succeed and have a positive experience in the course. I am very willing to spend time with you outside of class.

**Attendance**

Missed classes will increase the burden of the course. If you must miss a class, it will be your responsibility to obtain notes and materials from a student in the class. Students will not be permitted to take pop quizzes outside of class.

**Assistance Outside of Class**

Students are expected to frequently seek my assistance outside of class (beginning early in the semester). Please do not procrastinate or wait until the end of the course to ask for help.