



College of Health & Human Performance
Department of Health Education and Behavior

Summer A 2011
Human Sexuality Education
Sadie B. Sanders, Ph.D., CHES

Course & Section	HSC 3133 Section 0857 (Undergraduate) HSC 5138 Section 0835 (Graduate)
Class Meeting	M-F Period 3 (11:00 a.m. – 12:15 p.m.), FLG 280
Office	FLG Room 18
Office Hours	Monday & Wednesday 12:20 p.m. – 1:00 p.m.; Tuesday & Thursday 10:00 a.m. – 10:50 a.m.; and By Appointment
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Fax	(352) 392-1909
Department Chair	Dr. Jay M. Bernhardt, FLG, 5



COURSE PURPOSE

The course is designed to increase students' knowledge of human sexuality issues, to increase students' level of comfort with sexuality topics, and to provide an opportunity for students to explore and clarify their personal sexual attitudes and beliefs. Course requirements, including class activities have been designed, which emphasize the importance of both content and process in human sexuality education.

COURSE OBJECTIVES

Upon successful completion of this course, students will be able to:

1. Discuss the major content areas within human sexuality, including psychosexual development, sexual values and customs, sexual anatomy and physiology, human sexual response cycle, sexual behaviors and attitudes, contraception, conception, pregnancy, childbirth, sexually transmitted infections and HIV, sexual communication, and the impact of the media and the internet on sexuality.
2. Demonstrate increased comfort for teaching and/or communication sexuality topics.
3. Identify personal attitudes and values related to specific sexuality topics such as gender roles and sexual orientation.
4. Apply critical-thinking methods to human sexuality.



TEXTBOOKS

Required:

Crooks, R. & Baur, C. Our Sexuality, 11th ed. 2011. Thomson-Wadsworth: Belmont Grove, CA

Recommended:

Bruess, C.E., & Greensburg, 5th ed. Jones and Bartlett: Sudbury, MA



COURSE POLICIES

Selected UF Policies:

1. Students with Disabilities

Disability Resource Center <http://www.dso.ufl.edu/drc/about.php>

Philosophy and Mission: There is a strong commitment to equal education for all students at the University of Florida. The University will strive to be aware of and sensitive to the unique needs of all students. Student needs will be addressed through a lens of knowledge, awareness, and sensitivity to cultural, racial, religious, ethnic, and disability diversity. It is the mission of the Disability Resource Center to foster a sense of empowerment in students with disabilities by educating them about their legal rights and responsibilities so that they can make informed choices, by encouraging them to engage in critical thinking and self advocacy and by supporting them in being successful students, campus leaders and positive contributors to the campus community. The Disability Resource Center, in conjunction with the Division of Student Affairs, is helping students to create an unparalleled experience where students embrace learning and diversity to become leaders in the service of the global community.

2. Student Honor Code

<http://www.dso.ufl.edu/sccr/honorcodes/honorcode.php>

Students who enroll at the University commit to holding themselves and their peers to the high standard of honor required by the Honor Code. Any individual who becomes aware of a violation of the Honor Code is bound by honor to take corrective action. Student and faculty support are crucial to the success of the Honor Code. The quality of a University of Florida education is dependent upon the community acceptance and enforcement of the Honor Code. *The Honor Pledge:* We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment."

3. Absences: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

Students are responsible for satisfying all academic objectives as defined by the instructor. Absences count from the first class meeting. In general, acceptable reasons for absence from class include illness, serious family emergencies, special curricular requirements (e.g., judging trips, field trips, professional conferences), military obligation, severe weather conditions, religious holidays and participation in official university activities such as music performances, athletic competition or debate. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) must be excused. Other reasons also may be approved.

Specific Course Policies:

- 4. Class Attendance:** Regular class attendance is required and expected. If you miss a class, you are encouraged to ask a classmate for a description of what you missed. Any handouts distributed on the day you were absent from class may be picked up from my office during office hours. Attendance will be taken for all guest speakers and graduate presentations and will be counted as in-class activity points. The request for an excused

absence must be submitted within one week of the absence and accompanied by appropriate documentation. (See above Selected UF Policy #3 for additional information)

5. **Out-of-Class Assignments:** Unless otherwise noted, assignments shall be submitted electronically (**Microsoft Word only**) via E-Learning and are due by the end of official class time on the assigned due date. An assignment submitted within 24 hours after the due date will be accepted; however, it will be flagged "Late" by the E-Learning system and will be subject to a deduction of points. The number of points deducted will be determined by the total number of points assigned to that particular assignment and the specific time that it was submitted. The assignment link will automatically be removed exactly 24 hours after the due date and thus, the assignment will no longer be accepted.

The E-Learning in Sakai *Assignment Tool* for this course has been set to accept only one submission per assignment. Therefore, you should make sure the assignment you plan to submit is the correct one.

An exception to the E-Learning submission requirement may include the following: (1) unanticipated circumstances or (2) technical problems. In the event of one of these situations, an assignment will be accepted via email. The email must include a description of the problem you encountered along with an attached file containing the assignment. All other requirements will apply (due date/time, Microsoft format, etc.).

6. **In-Class Assignments:** There will be a variety of in-class activities. You will only receive full credit for an activity if you are present and actively participate. Missed in-class activities cannot be made up or excused.
7. **Accommodations for Students with Disabilities:** Students with disabilities who need reasonable modifications to complete assignments successfully and otherwise satisfy course criteria are encouraged to meet with the instructor as early in the course as possible to identify and plan specific accommodations. Students must provide a letter from the UF Office for Students with Disabilities to assist in planning modifications. (See above Selected UF Policy #1 for additional information)

Other:

1. **Department faculty and staff (Secretary, Office Manager):** Please do not ask faculty or staff members place any of your assignments or other items in my mailbox. You must make arrangements with me in advance which may include permission to slide the item under my door, if possible.
2. **Extras Credit:** Simply put, there is no extra credit and there are no extra credit assignments. Additionally, no points will be "given" at the end of the semester to boost a grade. If you are having difficulty with the course or experiencing unusual problem – do not wait until the last minute to consult with me. The course is designed in such a way that you may miss one in-class assignment and remain eligible to earn the maximum number of in-class activity points.

COURSE REQUIREMENTS

1. **Exams:** There will be two exams including the Final Exam (non-cumulative). Please review the dates as listed on the class schedule and plan accordingly.

2. **Out-of-Class Assignments**

	Title	Due on or Before	Submission	Points
#1	Kinsey Institute Presents: Conversations About Sex Research	5-13-11, 12:15 p.m.	Sakai	10
#2	Because I am a Man/Woman	5-20-11, 12:15 p.m.	Sakai	10
#3	Classifying Sexual Behaviors	5-27-11, 12:15 p.m.	Sakai	10
#4	TBA	6-10-11, 12:15 p.m.		10

3. **Reaction Paper:** In general, a Reaction Paper is an analysis and evaluation of something you have read or seen concerning a given topic. For this class, the material for this reaction will be a video that is related to Gender Issues. The purpose of this paper is to demonstrate your comprehension of the video and to identify your feelings and thoughts about the issues and viewpoints presented. (See Reaction Paper handout for additional information)
4. **Lesson Plan Development:** Individually or in groups of no more than three, research and write a human sexuality-related lesson plan on a specific topic that is age and developmentally appropriate for a specific target population (See *Lesson Plan Handout* for additional information). OR
4. **Position/Issue Paper:** Individually, research and write a 5-7 page Issue Paper. A position paper is a paper in which the writer takes a position on a specific issue and presents factual and/or researched-based information to support the position. The goal of the writer is not to persuade the reader to adopt the same position but rather to simply and completely understand why the writer has taken the position. (See *Position Paper Handout* for additional information)
5. **Graduate Section**
 - A. Complete #1-4 above with the following revision:
 - a. Lesson Plan may be completed individually or with no more than one other person.
 - B. Evaluate Sexuality Related Websites.
 - C. Facilitate Small Group Discussions

METHODS OF INSTRUCTION

Lecture
 Small Group
 Discussion
 Cooperative Learning
 Guest Speaker

ELECTRONIC COMPONENT

1. Course information will be posted **via e-Learning in Sakai** unless otherwise noted.
2. All emails to me shall be sent to the email listed on page one of the Course Syllabus.
PLEASE DO NOT SEND EMAILS VIA E-LEARNING.
3. All out-of-class assignments shall be submitted electronically (**Microsoft Word only**) via E-Learning in Sakai unless otherwise noted.
4. Check your **E-mail and E-Learning in Sakai** regularly for announcements, important changes to class schedule, etc.

GRADING/POINT DISTRIBUTION

Assignment	Number of Points & Percentage	
Exams	200	50%
In -Class Activities	40	10%
Out-of-Class Assignments	40	10%
Lesson Plan/Issue Paper/Grad Project	80	20%
Reaction Paper	40	10%
Total Points	400	100%

UG Points	Grade
372 - 400	A
360 - 371	A-
352 - 359	B+
332 - 351	B
320 - 331	B-
312 - 319	C+
292 - 311	C
280 - 291	C-
272 - 279	D+
252 - 271	D
240 - 251	D-
Below 140	E

Passing Grades and Grade Points Effective May 11, 2009 - Summer A

Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	WF	I	NG	S-U
Grade Points	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	.67	0	0	0	0	0



Selected Human Sexuality-Related Journals

<ul style="list-style-type: none">• AIDS Education and Prevention• Annual Review of Sex Research• The Canadian Journal of Human Sexuality• Child Abuse and Neglect• Family Planning Perspectives• Journal of Child Sexual Abuse• Journal of the History of Sexuality• Journal of HIV/ AIDS Prevention & Education for Adolescents and Children• Journal of Homosexuality• Journal of Psychology and Human Sexuality• Sexuality and Disability	<ul style="list-style-type: none">• Sex Roles: A Journal of Sex Education & Therapy• The Journal of Sex Research• Journal of Social & Personal Relationships• Morbidity and Mortality Weekly Report• Reproductive Health Matters• Sexual Addiction and Compulsivity• Sexual Abuse: A Journal of Research & Treatment• Sexually Transmitted Diseases• Sexuality and Journal of Research• SIECUS Report
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Selected Human Sexuality Related Websites

- American Association of Sex Educators: Counselors & Therapists: www.aasect.org
- American College Health Association: www.acha.org
- Dr. Ruth Westheimer: <http://webcenter.drruth.aol.com>
- Go Ask Alice: www.goaskalice.columbia.edu
- Kinsey Institute: www.indiana.edu/~kinsey
- Planned Parenthood: www.plannedparenthood.org
- Sexuality Information & Education Council of the U.S.: www.siecus.org



HELPFUL RESOURCES

(UF)

1. UF Counseling Center

Telephone: 392-1575

Email: <http://www.counsel.ufl.edu/>

Location: P301 Peabody Hall

2. UF Mental Health

Telephone: 392-1171

Email: <http://www.shcc.ufl.edu/smhs/>

3. Summer 2011 Support Groups

The following Support Groups will be offered during Summer 2011:

Semester	Support Group	Day	Start Date
Summer A	Anxiety & Depression	Tuesdays	May 17
	Anxiety & Depression	Tuesdays	July 5
Summer B	ADHD/Learning Strategies	Thursdays	July 7

Support Groups will meet from 3:30-4:30 (6th period) on the specified days. If you are interested in joining a group or have any specific questions about a group, please contact Amanda Brown at AmandaBr@ufl.edu.

(Community/Local)

4. **Alachua County Crisis Center**

Telephone: 264-6789;

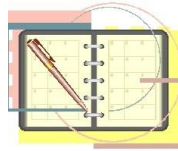
Email: <http://www.alachuacounty.us/government/depts/css/crisis/>

5. **Meridian Behavioral Healthcare** (community mental health center)

Telephone: 374-5600

Email: www.mbhci.org

Location: 4300 SW 13th Street



Tentative Class Schedule

DATE	ACTIVITY	READING
Week One: May 9 - 13	<ul style="list-style-type: none"> • Course Overview • Human Sexuality: Introduction & Perspectives • Sexuality Research • Friday - Out-of- Class Assignment #1 	Chapters 1 Chapter 2
Week Two: May 16 - 20	<ul style="list-style-type: none"> • Female & Male Sexual Anatomy & Physiology • Gender Issues • Friday - Out-of- Class Assignment #2 Because I am a Man/Woman 	Chapters 3 & 4 Chapter 5
Week Three: May 23 - 27	<ul style="list-style-type: none"> • Monday (Gender Issues) - Watch Video, <i>Is It a Boy or Girl?</i> • Wednesday - Small Group Discussion - Video <i>Is It a Boy or Girl?</i> (Discussion Qs & Group Assignments posted in Sakai) • Thursday - Reaction Paper Due (hard copy, in class) Sexual Arousal & Response • Friday - Out-of- Class Assignment #3 Classifying Sexual Behaviors 	Chapter 6
Week Four: May 30 - June 3	<ul style="list-style-type: none"> • Monday - No Class - Memorial Day • Tuesday - Outspoken Panel • Wednesday - Exam #1 • Love and Intimacy • Sexual Orientation 	Chapters 7 Chapter 9
Week 5: June 6 - 10	<ul style="list-style-type: none"> • Contraception • Sexuality in Childhood & Adolescence • Sexuality During Adulthood • Thursday - Lesson Plan/Issue Paper due on or before , hard copy, during official class time • Friday - Out-of- Class Assignment #4 TBA 	Chapter 10 Chapter 12 Chapter 13
Week 6: June 13 - 17	<ul style="list-style-type: none"> • Sexuality Difficulties & Solutions • Sexually Transmitted Infections & HIV/ AIDS • Friday - Exam #2 	Chapter 14 Chapter 15