

HSC 5142 (Sec. 1681) Drug Education

Spring 2011

Department of Health Education & Behavior

Location:	FLG 285
Time:	MWF, Period 3 (9:35 – 10:25 AM)
Instructor:	W. William Chen, Ph.D., C.H.E.S.
Office:	19 Florida Gym
Phone:	392-0583 ext. 1284
Email:	wchen@hbp.ufl.edu
Office Hours:	10:40-11:30 AM, WF; 1:55-2:45 PM, MWF & by appointment
Department Chair:	Jay Bernhardt, Ph.D., FLG 5
Required Textbooks:	1. Hart, CL, & Ksir, C. (2011). <i>Drugs, Society, and Human Behavior</i> , 13 th edition. McGraw Hill, New York.

Course Objectives:

HSC 5142, a basic course in drug education which gives a broad view of the elements involved, such as individual behavior, environmental factors, and drugs. All aspects of illicit and licit drugs and drug taking will be approached in a factual stance; i.e., what has been documented to date, so that the participants might better be able to separate speculation and bias from facts. The emphasis is also placed on methods pertaining to the preventive aspects of drug misuse and abuse.

Specifically, the objectives of the course are to:

- (1) Identify major drugs of abuse and demonstrate an understanding of their adverse effects.
- (2) Discuss current factual information and issues related to drugs and alcohol.
- (3) Describe the complexity and interaction of individual behavior, psychophysiological effects of drugs, and environmental impact in relation to drug use, misuse and abuse.
- (4) Explore possible alternatives to drug use.

- (5) Develop an effective drug education plan relative to a specific target population.
- (6) Objectively analyze the existing literature in selected areas of drugs and alcohol.
- (7) Explore personal attitudes regarding drug use, misuse and abuse.

Course Policies:

Policy on exams and assignments:

Exams are to be taken on the scheduled dates. Assignments will not be accepted electronically and are due during the class period on the assigned due date (unless otherwise noted). Make-up exams and late assignments will be considered without penalty only under unusual or extenuating circumstance.

Policy concerning accommodations for students with disabilities:

Students with disabilities who need reasonable modifications to complete assignments successfully and otherwise satisfy course criteria are encouraged to meet with the instructor as early as possible to identify and plan specific accommodations. Students must supply a letter from the *UF Office of Students with Disabilities* to assist planning modifications.

Honest Policy:

By formally registering for coursework at the University of Florida, you agree to abide by the following statement:

“I understand that the University of Florida expects its students to be honest in all their academic work. I agree to adhere to this commitment to academic honesty and understand that my failure to comply with this commitment may result in disciplinary action up to and including expulsion from the University.”

Evaluations:

- 1. Exams.** Two exams and two quizzes will be given throughout the semester.
- 2. Literature Review.** Read and provide a written review of assigned articles from a selected list. See literature review handout for additional information.
- 3. Attendance and Participation.** Full attendance and active participation in classroom discussion will be given extra points (5 points).
- 4. Research Paper.** Complete a research paper on a self-selected topic related to drugs and alcohol. The paper should be 12-15 typewritten pages in length (it can be longer, if you wish), and must incorporate the following information. The paper is due on or before **April 11, 2011**. The grading criteria will include: clarity, organization of the

paper, depth of the research, insight and appropriateness of referencing methodology (you could use either APA or AMA style).

- Introduction- Introduce the extent of the problem or issues and its significance and objectives of the paper.
- Research findings- Factual information reported in the scientific literature.
- Solutions or preventive measures used to alleviate the problem or issue. This could include ideas for prevention or treatment programs and/or resources that are helpful to address the problem or issues.
- Summary and conclusion
- References

Grading

Exam 1	100 points
Exam 2	100 points
Quiz 1	50 points
Quiz 2	50points
Literature Reviews	50 points
Research Paper	100 points
<hr/>	
Total	450 points

A	405 or higher
B+	383 - 404
B	360 - 382
C+	338 - 359
C	315 - 337
D+	293 - 314
D	270 - 292
E	below 270

Tentative Class Schedule

Date	Topic	Readings
Jan 5-7	Introduction & Overview of Drug Use and Abuse	Chapter 1
Jan 10-14	Current Perspectives- Why Drugs & Issues Related to Drug Use and Abuse	Chapters 2 & 3
Jan 17	Martin Luther King Holiday	
Jan 19-26	Physiological Basis of Drug Action on CNS & Behavior	Chapters 4 & 5
Jan 28	Quiz # 1	
Jan 31-Feb11	Alcohol, the Most Popular Psychoactive Drugs	Chapter 9
Feb 14-18	Stimulants and Performance Enhancing Drugs	Chapters 6 & 16
Feb 21	Exam # 1	
Feb 23-28	Depressants, Inhalants & Drugs for Mental Illnesses	Chapters 7 & 8
March 2-4	Opioids	Chapter 13
March 7-11	Spring Break	
March 14-21	Hallucinogens	Chapter 14
March 23	Quiz # 2	
March 25-28	Marijuana	Chapter 15
March 30-April 1	AAHPERD Convention	
April 4-8	Tobacco	Chapter 10
April 11-15	OTC Drugs & Caffeine	Chapters 11 & 12
April 18	Project Presentations	
April 20	Exam # 2	