

University of Florida
Department of Health Education and Behavior
HLTH 6235 – Patient Health Education
T – 11:45am – 1:40pm
R – 11:45am – 12:35pm
FLG 265

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Course Description:

Patient Health Education serves as an introduction to theories that apply to the practice of patient education in a variety of health care settings. Additionally, HLTH 4590 provides an overview of the U.S. health care industry. Emphasis is on education for promotion of health and change of lifestyle.

Course Textbook:

Lorig, K. (2001). *Patient Education: A Practical Approach*, 3rd ed. Sage Publications, Inc. Thousand Oaks.

Course Objectives:

After the completion of this course, you will be able to:

- 1) Define patient education
- 2) Understand and explain the importance and purpose of patient education
- 3) Identify types of effective patient education
- 4) Identify the theory, principles and methods involved in patient education
- 5) Identify and apply knowledge, skills and competencies needed to provide effective patient education
- 6) Understand and explain health literacy
- 7) Identify theory and methods needed to improve health literacy
- 8) Understand the ethical foundation to the patient education process
- 9) Understand how to effectively conduct the patient education process
- 10) Compare and contrast various health care system models (i.e. U.S. health care system versus other systems)

Class Format:

A combination of lectures, class discussions, and in- and out-of-class projects will be used to cover the course content. Patient education will be covered through lectures, and through individual and group projects.

What is Expected of You:

In this course, you will be expected to:

1. Be prepared for every class by studying the material prior to coming to class. As we engage in class discussions, you will want to be familiar with the material so that you may contribute to the discussions.
2. Participate in class discussions and contribute to the overall productivity of the class. This can be achieved by completing your readings, being sure that you understand them, and contacting the instructor if you have any questions.
3. Be present at all class meetings. In order to contribute to the overall productivity of the class, you must be here. Please inform the instructor of any scheduling conflicts prior to the beginning of class. As an upper-level undergraduate student or a graduate student, missed classes will result in an increased burden to make-up the work.
4. If you miss a class, for an emergency or professional activity/responsibility, it is your responsibility to obtain missed notes and materials from your classmates.

Grade Breakdown

Areas of Evaluation	Points	Final Grade (%)
Midterm Exam	100	A = 93 - 100 A - = 90 - 92 B + = 87 - 89 B = 83 - 86 B - = 80 - 82 C + = 77 - 79 C = 73 - 76 C - = 70 - 72 D + = 67 - 69 D = 60 - 66 F = LESS THAN 60%
Final Exam	100	
In-class Quizzes (4 x 25 = 100)	100	
Background literature/data review	50	
Rationale Paper	25	
Data Collection	25	
Patient Education Project	100	
Patient Education Project Presentation	50	
TOTAL POINTS	550	

***Note:** I do not subscribe to the blatantly unfair practice of awarding “extra credit”. All students are evaluated on exactly the same criteria.

Academic Honesty

Though this course involves group work where individuals are expected to share information and work together, several assignments are to be accomplished by an individual working alone. In the case of individual assignments, the acts of cheating, plagiarism, and falsification or attempts to cheat, plagiarize or falsify will not be tolerated. Should an academic integrity violation take place, the student(s) involved will either be assigned a grade penalty or the case will be referred to the Dean of Students Office for further evaluation. The *minimum* grade penalty that will be assigned is an F for the assignment.

As commonly defined, plagiarism consists of passing off as one's own ideas, words, writings, etc., which belong to another. In accordance with this definition, you are committing plagiarism if you copy the work of another person and turn it in as your own, even if you should have the permission of that person. Plagiarism is one of the worst academic sins, for the plagiarist destroys the trust among colleagues without which research cannot be safely communicated.

If you have any questions regarding plagiarism, please consult the University of Florida Student Rules (<http://regulations.ufl.edu/chapter4/4017.pdf>), (Student Honor Code).

Every student that is admitted to the University of Florida has signed a statement of academic honesty committing him/her to be honest in all academic work and understanding that failure to comply with this commitment will result in disciplinary action.

This statement is a reminder to uphold your obligation as a student at the University of Florida and to be honest in all work submitted and exams taken in this class and all others.

Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Dean of Students Office, The Disability Resource Center, 001 Reid Hall, 352-392-8565.

Brief Description of Course Assignments

Exams – each student will be required to take a midterm exam (covering all class materials, readings, and lectures up to October 19th), and a cumulative final exam. Both exams are worth 100 points.

Quizzes – each student will be required to take four, 25pt quizzes throughout the semester. The format of the quizzes is multiple choice.

Patient education project – each student will be placed in a group to conduct a semester-long, patient education project. Students will be given a project outline and lecture on how to conduct each step of the project.

Patient education project presentation – each student group will present their project to the class.

Tentative Class Schedule:

Week	Date	Topic	Reading & Assignments
1	Aug 24	Intro to Course	None
1	Aug 26	Introduction to Patient Education/Education in Healthcare/JCAHO	Assigned Readings
2	Aug 31	Ethical Issues & HIPAA	
2	Sept 2	Health Literacy	
3	Sept 7	Introduction to the Class Project Health Literacy	Assigned Readings
3	Sept 9	How do I know what patients want and need? Needs Assessment Quiz #1	Chapter 1 (Lorig)
4	Sept 14	Overview of Healthcare system	Video/Handouts
5	Sept 16	Sick Around America	Video /Handouts Class Discussion
5	Sept 21	Sick Around the World	Video/Handouts Class Discussion
6	Sept 23	Sick Around the World	Video/Handouts Class Discussion Turn in Rationale
6	Sept 28	Health Care Law/Reform	
7	Sept 30	The Role of Theory in Patient Education Quiz #2	Chapt 2 (Lorig)
7	Oct 5	Role of Theory in Patient Education Theory Presentations	Chapt 2 (Lorig)
8	Oct 7	Catch up day	Data Collection Due
8	Oct 12	Return results and presentation for East Carolina University (ECU)	
	Oct 14	Presentations (continued) Midterm Exam Review	
9	Oct 19	Exam #1 - Midterm	Covers all materials presented in class, handouts & Chaps 1 - 2 in the text

Week	Date	Topic	Reading & Assignments
9	Oct 21	Planning the evaluation	Chapt 3 (Lorig)
10	Oct 26	Program Planning and Implementation	Chapt 4 (Lorig)
10	Oct 28	Program Planning and Implementation	Chapt 4 (Lorig)
11	Nov 2	Selecting, Preparing, and Using Materials	Chapt 7 (Lorig) Assigned Readings
11	Nov 4	TBA	
12	Nov 9	APHA – Work on Class Project	
12	Nov 11	NO CLASS	
13	Nov 16	Quiz #3 How to get people to come and helping people who are hard to help	Chapt 5 (Lorig)
13	Nov 18	Working Cross Culturally	Read Beyond Cultural Competency Article BEFORE coming to class Read Chapt 6
14	Nov 23	Work on group presentations Quiz #4	Patient Education Projects Due!!!
14	Nov 25	Thanksgiving Holiday – No Class	
15	Nov 30	Group Presentations	
15	Dec 2	Group Presentations	
16	Dec 7	Review for cumulative final	
17	Dec 16	Final Exam – 3:00-5:00pm	